



# Shepherd's Center News

**Mission:** *To help older adults pursue independent and active lives of purpose*

302 W. Market Street, Room 103  
Greensboro, NC 27401  
Phone: **336-378-0766**  
E-mail: [info@shepctr.org](mailto:info@shepctr.org)  
Website: [www.shepctr.org](http://www.shepctr.org)

**CONGREGATIONAL SPONSORS:**

- All Saints Episcopal Church
  - Beth David Synagogue
  - Christ United Methodist Church
  - College Park Baptist Church
  - College Place United Methodist Church
  - Community in Christ Presbyterian Church
  - Congregational United Church of Christ \*
  - First Baptist Church \*
  - First Christian Church Disciples of Christ
  - First Friends Meeting
  - First Lutheran Church
  - First Presbyterian Church \*
  - Grace United Methodist Church \*
  - Guilford College United Methodist Church
  - Guilford Park Presbyterian Church
  - Irving Park United Methodist Church
  - Mt. Zion Baptist Church
  - New Garden Friends Meeting
  - Pleasant Garden Baptist Church
  - Starmount Presbyterian Church
  - St. John's Anglican Church
  - St. Matthews United Methodist Church
  - St. Paul the Apostle Catholic Church
  - St. Paul Presbyterian Church
  - Temple Emanuel \*
  - Unitarian Universalist Church
  - West Market Street United Methodist Church\*
  - Westminster Presbyterian Church
- \* founding congregations

**COMMUNITY SUPPORTERS:**

- Community Foundation of Greater Greensboro
- Griswold Home Care
- L. Richardson Trust
- Spring Arbor of Greensboro
- Starmount Presbyterian Church
- Triad Retirement Living Association
- VF Jeanswear (Blue Bell Foundation)
- West Market Street United Methodist Church
- Westminster Presbyterian Church

**BOARD OF TRUSTEES:**

- Ann Adams - *President*
- Cliff Lowery - *President Elect*
- Emily Johnston - *Treasurer*
- Linda Danford - *Secretary*
- Jim Armstrong - *Past President*
- Trudy Atkins      Girard Johnson
- Odell Cleveland    Barbara Osguthorpe
- Nancy Courts      Wynn Pope
- Jerry Eagle        Dick Swanson
- Hoke Huss         Mozell Weston

**FALL 2017**

## Is it possible? Where has the time flown?

**30<sup>th</sup>** ANNIVERSARY  
three decades strong

When we turn a calendar page each month, we are often so surprised that weeks have passed; and birthdays send many people into a state of wonder! But a small non-profit serving active older adults sees the years as a celebration, a testament to providing programs and services that support so many wonderful people while enriching our community.

We opened the first volume of our scrapbook from 1987 and decided to kick off our 30th Anniversary with a focus on our core program for lifelong learning,

### *Adventures In Learning.*

In 1987, the new SCG Board of fifteen, with the late, great Jim Weikel as Chair and nine founding congregations for support, helped Jean Eason (our first Executive Director) pull together a group of volunteers to focus on gathering seniors for activities, service and education.

After many months of planning, the volunteers opened classes on October 20, 1987 at First Presbyterian Church. Our first session had 7 topics : Nutrition (Wesley Long Hospital), Adult Development (Mental Health Dept.), Financial Planning (Merrill Lynch), Health Issues of Seniors (Health Dept.), Physical Fitness (UNCG), Cultural Arts, and Traveling (AAA plus local agencies). In this issue, you can see that we've grown to NINETEEN topics with a wide variety of instructors and many new topics.

Over the 29 years, there have been many new participants and we have said goodbye to many friends and instructors...but there are also people who still attend classes and celebrate the many friendships made through the years. It seems that 87 semesters have provided 2,088 hours of classes plus social time to approximately 15,000 retired learners, thanks to the thousands of hours shared by our volunteer instructors.

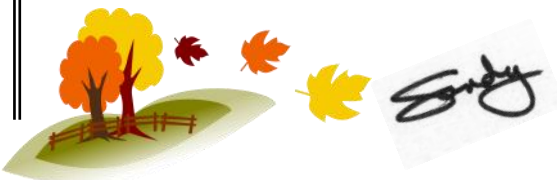
When you look at this semester's lineup of classes we hope you experience a WOW moment. And when you read the names of the 44 volunteers who teach and plan the courses, remember the generosity of our community and the importance they see in all of you who participate in the classes. While Adventures In Learning is based on the Shepherd's Center of America model, it remains our core, the heart of SCG, and a unique lifelong learning program for our community.

Come to Adventures In Learning this fall to help us kick-off the celebration of the year ahead. It's not an ADVENTURE without you!

*When Vickie and I spoke of the scope and impact of AIL over the years, we realized that 30 years ago she had no thoughts of what Adventures In Learning was. As a young widow, her "adventures" consisted of raising her teenage son while working as a claims representative for a major insurance company.*



*We are fortunate that she now spends her days planning and managing AIL ...and we know you appreciate her skills at organizing and making sure it all flows together to be the best program. Her 7 years at SCG have been quite an adventure!*





Computer classes for persons age 50+ are taught by Shepherd's Center peer volunteers. They are offered monthly at the **ShepNet Computer & Technology Center for Seniors**, located at Starmount Presbyterian Church, 3501 W. Market Street, Greensboro.

Most classes meet twice weekly (Mon/Wed or Tues/Thurs) in the morning or afternoon and the duration of the class is determined by the topic and content. Course fees range from \$40+ for longer sessions to \$10 for shorter courses. Our participants have consistently given the program top ratings, with many returning for multiple classes. We know how to help you use technology!

**Classes offered vary each month, but may include:**

- UNDERSTANDING & USING WINDOWS 10 Part 1 or 2 (4 sessions)
- USING Win 10 CORTANA & EDGE (2 sessions)
- MANAGING YOUR COMPUTER SECURITY (2 sessions)
- WORD PROCESSING (5 sessions)
- FILES MANAGEMENT (1 session)
- Apple iPad Basics (3 sessions)
- APPLE iPhone Basics (3 sessions)
- GOOGLE PHOTO or PHOTO EDITING
- GENEALOGY (6 sessions)
- INTERNET & E-MAIL MANAGEMENT (4 sessions)
- Using the ONE DRIVE CLOUD (2 sessions)

A current schedule and on-line registration is available for all classes at [shepnetgreensboro.org](http://shepnetgreensboro.org)

For the fastest notification of news and class announcements, go to the ShepNet webpage and sign up for mailings...orange **click here** at bottom of the page...you'll be the first to see new schedules.

**ALL registrations must be done on-line and paid through PayPal.**

Go to the ShepNet page, choose your class and then click on "Pay using PayPal."

**Registration is non-refundable 7 business days prior to class start date!**

## VOLUNTEERS needed!

**DRIVERS for Shepherd's WHEELS:** Our riders (60+) need your help to take them to the grocery store, bank, post office and other personal care errands. Rides are within the city limits, limited to a max of 2 hours weekdays, and flexible to suit your schedule. A great way to help older adults maintain independent living! **This critical service needs you as soon as possible!**

**Office Volunteers:** Interested in general office work? OVs are the first voice you hear when you call SCG and are the key people who connect older adults to services in the community. Current shifts are 9:30am-12:30 or 12:30-3:30, Monday - Friday.

**Computer Instructors & Coaches:** Share your computer/ipad/iphone skills with seniors who want to stay connected. Up-to-date classrooms are small with only 6 students. It's fun and you'll meet people who appreciate your time and ideas!

**VITA TAX Preparers:** Assist senior citizens in preparing tax returns from Feb.- early April. Training through IRS is flexible and can be completed at home. Volunteers are scheduled for a few hours each week to provide this vital, rewarding service.

**Your time = support to other seniors**

**Call 378-0766 to Volunteer!!**



## Holiday Show Trip to Nashville

**December 4 - 8, 2017 \* 5 Days - 4 Nights of fun**

Package includes: Guided tours of music city, the Parthenon, behind-the-scenes tour of the Grand Ole Opry, Country Music Hall of Fame, and the restored Victorian Belle Meade Plantation. Ride the Delta flatboats in the Opryland Hotel, a dinner show at Nashville Nightlight theatre, time in the historic district, and, of course, a show at the Grand Ole Opry!

♥ Package includes lodging, coach transportation, 8 meals and tour guides.

**Seating is very limited! Register before Sept. 15 for these rates.**

**\$ 665/person—double occupancy** Additional \$175 for single occupancy

For "peace of mind", trip cancellation insurance is available... call Vickie for details/registration. **336.378.0766**



# ADVENTURES IN LEARNING

September 28, October 5, 12, 19, 26 and November 2  
First Baptist Church, 1000 West Friendly Avenue

## Welcome!

**ADVENTURES IN LEARNING** offers enrichment and fellowship opportunities for all Greensboro area men and women. There are **19 classes** from which you can create your own schedule. All variations are welcome.

**The registration fee covers 1 or 2 or all 3 classes!**

At midday, there is a quiet period of inspiration and meditation led by volunteers. After lunch, a Forum speaker and announcements of general interest, along with social and fellowship activities, make midday a special time.

**Prepaid Lunch**, at a **cost of \$8.00**, is served in the Fellowship Hall beginning around noon. Or, bring a sack lunch and join any table.

**IMPORTANT NOTE:** All lunch reservations must be "PREPAID" by 3:00 p.m. the Monday prior to each Thursday session. Therefore, if you must cancel, call by that time each week. Shepherd's Center is responsible for paying a minimum amount based on the number of lunches reserved, even if fewer lunches are served. If you prepay for lunch and fail to cancel by Monday at 3:00 p.m., there will be no refund.

## 9:30-10:30 a.m. Classes

### **BEGINNERS GUIDE TO APPRECIATING NATURE:**

There is much in the natural world to interest, inform, inspire and entertain us. Using photographs of beautiful things and places, this class will focus on learning about, appreciating and enjoying the different aspects of nature all around ... wildflowers, butterflies, birds, dragonflies and even weather.

*Dennis Burnette, Instructor*

**DOWN THE GARDEN PATH:** The NC State Extension Master Gardener Volunteers of Guilford County will present six entertaining programs on popular horticulture topics: Low Maintenance Landscapes, Containers for Curb Appeal, Spring Flowering Bulbs, Shade Gardens, Backyard Habitat and Pruning. Bring your questions, for fall is a great time to talk gardening with friends.

*Jeannie Aller & Cooperative Extension  
Master Gardeners Volunteers, Facilitators*

**HEALTHY LIVING FOR SENIORS:** Join health and wellness experts from Cone Health as they share information to help keep your mind and body healthy as you age. This series will include discussion on preventing falls, enjoying food, pneumonia and adult vaccines, balance and memory, bladder incontinence, and our sense of touch and how it affects everything we do.

*Cone Health Professionals, Facilitators*

**METROPOLITAN OPERA COMES TO GREENSBORO:** A discussion of five of the operas that the Met will send via HD transmission to Greensboro theaters during the 2017-2018 season. Included are *The Magic Flute* and *Tosca*.

*Richard Cox, Instructor*

### **MOVE TO IMPROVE WITH YOGA (Gentle/Beginner Level):**

This course is appropriate for students who want to learn the basics of yoga in a safe environment. Students should bring their own yoga mats and dress in comfortable clothing to allow free movement.

*Jennifer Dowler, Instructor*

**ONE STROKE GLASS PAINTING:** This is a basic class, no painting experience needed. Glass makes a great first surface as it is VERY FORGIVING. If you do not like what you have painted, you can just wipe it off and start again! Supply list will be provided to those who register. Bring supplies to the first class.

**Class limit 15** *Pam Spurrier, Instructor*

**QUILTING an Autumn Wreath - "Penny Rug":** Work with felted wool to make this wreath, approximately 14" round. Felted wool is forgiving and easy to manipulate as you sew. Kit is \$20.00. Need small SHARP scissors, needles and pins. **Class limit 8**

*Janet Dietz, Instructor*

**WOODCARVING:** Carving for beginners and experienced woodcarvers will be demonstrated and practiced. There will be an assortment of Christmas Ornaments. Woodcarving blanks will be available for you to choose. Bring your carving knife if you have one, but we will have a few spare carving knives if you need one.

**Class limit 12** *Richard DeCoste, Instructor*



## 10:45-11:45 a.m. Classes

**EXPRESS YOURSELF!** Have you ever felt there was a poem inside just waiting to emerge? Have you tried your hand at poetry but been dissatisfied with the results? This course will help you take that first step or continue on your journey through analysis of contemporary poems, discussion and writing exercises. **Class limited to 10.**

*Martha Golensky, Instructor*

**FAMILY STORYTELLING - Preserving and Sharing Family Memories:** Live oral storytelling engages the teller and listeners in a shared creative experience that connects people, places and events across time by evoking mental images with powerful emotional connections. Participants will be introduced to storytelling as a communication tool to preserve family history and personal narratives through memories that connect the past to the present and highlight life lessons. The workshop will focus on practical steps in developing and mapping personal and family stories and learning to tell them.

*Charlotte "Webspinner" Hamlin, Instructor*

**IMPORTANT SUPREME COURT CASES AND THE HISTORY BEHIND THEM:** This course will examine selected U.S. Supreme Court Cases and the history surrounding each one. We will ask the questions: What led to the cases? Why was it decided the way it was? What were the effects of the case? The class will allow for discussion of the various cases and the relevance of the case to the present. Some cases will require examination of founding documents such as the Declaration of Independence, the Constitution, Federalist Papers, etc.

*Charles Newell, Instructor*

**ONE CITY, ONE BOOK:** The Greensboro Public Library offered four titles for 2017 One City One Book. The public voted and *Hidden Figures* by Margot Lee Shetterly received the most votes to become the selection. It is the story of the African-American women mathematicians who played an important role in the space race. Participants in this course will discuss the book and explore the times and contributions of women in the science and math fields.

*Ronald Headen, Facilitator*

**ONE STROKE GLASS PAINTING - continues for a second class.**

**QUILTING - continues for a second class**

**UNDERSTANDING INVESTMENTS, TAXES AND LEGACY/ESTATE PLANNING:** Make learning and understanding financial planning fun and easy. We will tailor the classes to our audience's needs by educating on many different topics, including presentations from other professional speakers.

*Chad Barber & Keith Hiatt, Facilitators*

## 1:30-2:30 p.m. Classes

**"ALL YOU NEED IS LOVE" - the Gospel According to the Beatles:** In February 1964, four young men from Liverpool appeared live on American television before the largest audience...and the world changed. By the time they disbanded in 1970, western civilization had become vastly different. Through their music, lyrics, clothing, hair styles, words and the quest for meaning in their lives, the Beatles changed an entire generation such that even now 50+ years later, their impact and influence has hardly diminished. Please plan to be a part of what should be a real "Magical Mystery Tour" as we examine *The Gospel According to the Beatles*, by Steve Turner. "A splendid time is guaranteed for all."

*Reverend Scott Nowlan, Facilitator*

**CLIMATE CHANGE: Causes and Effects:** With all the news concerning global climate change these days this class will look at the many causes of climate change and what some of the consequences might be. We will discuss how climates work, the effects of greenhouse gases on climate, how scientists study climate change and the effects of climate change on biological systems and public health.

*Dr. Janne Cannon, Dr. Steve Danford,  
Dr. Jeff Patton, Instructors*

**FRENCH SHORT FICTION:** Short stories from the 19th and 20th centuries: Flaubert, Daudet, Maupassant, Camus and others.

*Kathleen Koestler, Instructor*

**KNITTING:** This class is for beginners and anyone who needs help. Needles and yarn will be provided for beginners; experienced knitters will need to bring their own supplies.

*Margaret Young, Instructor*

**PLANNING FORWARD, Aging Smartly:** Look at future options and explore a variety of important life subjects with area leaders. Topics include Medicare 101, a Pharmacist discussing medication management and immunizations, new In-Home Care insurance, SHIP and saving \$ on medications, advanced and long-term planning (for you or a family member).

*Bob Boyd, Mike Hallisey, Kim Johnson,  
Trista Pachan, John Wilkie, & Facilitator*

**THE POWER OF PROSE:** Explore and practice the basics of prose and enjoy the thrill of writing and sharing your work with others. You will be encouraged to explore the essentials of fiction, nonfiction and journaling by discussing, reading and completing short writing assignments. Recommended reading: *Writing Down the Bones* by Natalie Goldberg.

*Sandra Redding, Instructor*

## ***ADVENTURES IN LEARNING PLANNING COMMITTEE***

Betty Allen  
Steven Danford  
Brooks Graham

Margaret Griffin  
Mike Maynard  
Phyllis Shavitz

Marian Solleder  
Francis Young

### **Spring Instructors:**

**Jeanne Aller & Extension Master Gardeners Volunteers** are trained by NCSY faculty and staff, and assist them in providing research-based information about gardening and environmental stewardship to individuals and communities.

**Chad Barber** has been in the securities industry for more than 13 years. He is a Financial Advisor & Accredited Asset Management Specialist with Ameriprise Financial. A 1998 graduate from UNCG, with a BS in marketing and finance.

**Dennis Burnette** is a retired professor, a serious amateur nature photographer and a nature educator with a special interest in teaching adults. He has served as president and in other elected offices in several nature groups. He frequently presents programs and leads field trips for garden clubs, scouts, church groups and nature organizations.

**Dr. Janne Cannon** is an Emeritus Professor of Microbiology and Immunology at the UNC School of Medicine in Chapel Hill, NC and an Adjunct Professor at UNCG.

**Richard Cox** is a retired Professor of Music from UNCG, where he conducted 15 opera performances. He was also responsible for the chorus preparation for a number of productions by the Greensboro Opera company.

**Steve Danford, Ph.D.** recently retired as a UNCG professor in the Dept. of Physics and Astronomy.

**Richard DeCoste** has been carving off and on for most of his life. He has been an active carver with Adventures in Learning since 2003 and a carving instructor since 2010.

**Janet Dietz** has been doing all forms of quilting for more than 25 years. She is a member of The Triad Quilters and The Piedmont Quilter's Guild.

**Jennifer Dowler** (RYT 200) has been practicing yoga since 1973 and is a registered teacher with the Yoga Alliance. Her training is Iyengar influenced, with a focus on alignment & safe practices when teaching yoga asanas/poses.

**Martha Golensky** is a published poet whose work has appeared in literary journals, anthologies, magazines and online. She is now completing her first poetry collection.

**Charlotte Hamlin, Ph.D.** has been a professional storyteller educator, trainer and coach for 16 years. She is a founding member and past president of the Triad Storytelling Exchange and is active in the N.C. Storytelling Guild.

**Ronald Headen** serves as an adult media selector, book club advisor, adult programmer and book selector for the Greensboro Public Library. He has been with the library over 40 years and been involved with One City One Book since it started in 2002.

**Keith Hiatt** is a CPA and partner with the firm Breslow, Starling, Frost, Warner, Boger & Hiatt, PLLC. He has 30+ years of experience in the areas of corporate & individual taxation. He received his BS and MA in Accountancy from Brigham Young University.

**Kathleen Koestler, Ph.D.** is a retired Associate Professor Romance Languages, French Symbolist Poetry, and the French novel at UNCG.

**Charles Newell** received his BA and MA in history. He has been teaching U.S. History & Constitutional History for 37 years, most recently the American Hebrew Academy.

**Rev. Scott Nowlan** is an Ordained Elder in the Western NC Annual Conference of the UMC, serving his 40th year in ministry and 28th year as Pastor of Administration and Modern Worship at West Market Street UMC.

**Jeff Patton, Ph.D.** is a Professor at the Department of Geography at UNCG.

**Sandra Redding**, has published two nonfiction books, a memoir and historical novel, *Naomi Wise: A Cautionary Tale*. Since earning an M.F.A. in Creative Writing at UNCG, she has taught writing courses for several community colleges, organizations and clubs.

**Pam Spurrier** is a certified *One Stroke* instructor and has been painting since 2000. She is a member of the Society of Decorative Painters and Silk Painters International.

**Margaret Young** was born in Scotland and has been knitting since childhood. She belongs to two knitting groups in Greensboro.

### **Special Presenters:**

**Cone Health Professionals:** Danyel Johnson, MSN,RN,CNN, CNS; Lynn Weisner,MS, RD II,CSG,LDN; Debra Neblett, MSN,RN, ANP-BC; Jennifer Johnson, MSN,RN, PCCN-CMC; Karen Sanders, BSN,RN CWON; Jean Pruitt, MN,RN,CCNS,CNRN,FNP-BC,CCRN,SCRN.

**Community Organizations:** Bob Boyd, Senior Resources SHIIP; Michael Hallisey, Kemper Reserve National Insurance; Kim Johnson, Area Council on Aging; Trista Pachan, Rite-Aid; John Wilkie, Blue Moon Benefits Group

**FORUM Luncheon Speakers**

**September 28**  
**Friends Against Fraud**  
**Elder Justice Committee**

**October 12**  
**Marcia Vanard**  
**Hospice & Palliative Care Greensboro**

**October 26**  
**To Be Announced**

**October 5**  
**David Holley**  
**Director of Opera UNCG**

**October 19**  
**“Chordially Yours”**  
**Barbershop Quartet**

**November 2**  
**Family Storytelling**  
**AIL Participants**

***Thank You!***

Thanks to all the excellent Instructors, Forum Speakers and Inspirational Speakers for volunteering their time, knowledge and expertise to make another successful session of “ADVENTURES.” Each winter, spring and fall, it is our privilege to be the guest of one of our sponsoring congregations and we are appreciative of the members of First Baptist Church and Christ UMC for sharing their facilities with us. We look forward to returning for yet another ADVENTURE!

**Bring A Guest reminder: Share the great experience of lifelong learning with a friend!**

Please invite a friend to the first AIL day of classes...at no registration cost that day. (lunch will be \$8) Just have them sign in at the desk & add your name as their host. They may attend a full day to see how wonderful it is...and Vickie will help them register to return.

**REGISTRATION FORM: FALL 2017 Adventures in Learning**

Name (s) \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Zip \_\_\_\_\_

Church/Synagogue \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_ Relationship \_\_\_\_\_

**Please use initials if registering more than one person:**

**9:30 - 10:30 a.m.**

- Appreciating Nature
- Down the Garden Path
- Healthy Living for Seniors
- MET Opera
- Move to Improve with Yoga
- One Stroke Glass Painting
- Quilting
- Woodcarving

**10:45 - 11:45 a.m.**

- Express Yourself
- Family Storytelling
- Important Supreme Court Cases
- One City One Book
- One Stroke Glass Painting cont.
- Quilting cont.
- Understanding Investments, etc.
- Woodcarving cont.

**1:30 - 2:30 p.m.**

- All You Need is Love
- Climate Change
- French Short Fiction
- Knitting
- Planning Forward
- The Power of Prose

**Non-Refundable Registration fee, Fall 2017 TERM \$40.00 per person \$\_\_\_\_\_**

**(ALL REGISTRATIONS received after September 26th will be \$50.00 per person)**

Lunch Reservation, September 28th only - \$8.00 or \$\_\_\_\_\_

All six luncheons - \$48.00 \$\_\_\_\_\_

Contribution to Shepherd’s Center (Optional) \$\_\_\_\_\_

Or volunteer your time \_\_\_\_\_ TOTAL \$\_\_\_\_\_

Is this your first time attending Adventures in Learning? \_\_\_Yes \_\_\_No

**MAIL NO LATER THAN SEPTEMBER 25, 2017 (\$10.00 Late charge will be assessed after this date!)**

Send to Shepherd's Center of Greensboro, 302 West Market Street, Room 103, Greensboro, NC 27401



# Thank You For Your Gifts!

*Mid-March 2017 through end-July 2017*

## **Annual Fund**

Charles Biscoe  
 Jerry & Miriam Campbell  
 Hoke Huss  
 Skip & Sylvia MacMillan

## **Individual Donors**

John & Virginia Achey  
 Ann Adams  
 Jim & Betty Allen  
 Joan Anderson  
 Nancy Bausman  
 Mary Beavers  
 Robert Bond  
 Franzi Brown  
 Zora Bunin  
 Troy Cable  
 Carol Campbell  
 Millicent Cannon  
 Maureen Chandler  
 Vaughan Colberg  
 Rita Cole  
 Steven Cole  
 Margaretta D'Avella  
 Rita Davis  
 Jack Dixon  
 Janet Eley  
 Kenneth Garner  
 Philip Gelzer  
 Nancy Glenz  
 Barbara Hall  
 Bernice Harel  
 Carolyn Herda

Mary Ruth Johnson  
 Barbara Johnson  
 Mildred Jones  
 Naomi Kaplan  
 Linda Kershner  
 Cliff Lowery  
 Bolling Lowrey  
 Kaye Mathews  
 Michael Maynard  
 Ann McDaniel  
 Lee & Leida Mead  
 Peter & Karen Meyers  
 Gladys Moore  
 Eleanor Procton  
 Richard Pulliam  
 Laura Roberts  
 Hans & Ellen Roethling  
 Phyllis Shavitz  
 Sally Skidmore  
 Sally Smith  
 Elizabeth Strickler  
 Margaret Reeves  
 Dianne Vance  
 Thornton Wierum  
 Ginny Williamson  
 Sally Wilson

David Johnson & Gail Wolfe-Johnson

## **Weikel Initiatives Fund**

Lola Weikel (*in memory of Jim Weikel*)

## **Grant Support**

L. Richardson Trust  
 VFJeanswear (Blue Bell Foundation)

## **Gifts in Memory of:**

**Tymesia Johnson**  
 Charles Ward

## **Gifts in Honor of:**

**Cathy Bergstrom**  
 Ann Bryan

**Jerry Eagle**  
 Benjamin Brothers  
 Vickie Williamson

**Joe Kent**  
 Seymour & Carol Levin

**Enola Mixon**  
 Charles Ward

**Kitty Migake**  
**Peggy Preston**

**Molly Zisk**  
 Helen Preston

**Rita Reilly**  
 Nancy Entrekin  
 D.C. & Shirley Thompson  
 Janet Plummer  
 Ann Long  
 Antoinette Cerrito

**Louise Van Schaack**  
 Marion Heimberg

## **In-kind Donors**

Diana Clark  
 Jerry Eagle

*Shepherd's Center is a non-profit organization appreciative of your tax-deductible contributions.*

A charitable gift to the Shepherd's Center is gift to thousands of older adults who are striving to stay independent, active and living a purposeful life. Please consider adding your contribution to support our unique programs and services.

Please send this form with your contribution.

Name \_\_\_\_\_ Phone \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_  
 Email \_\_\_\_\_ Amount of enclosed gift \$ \_\_\_\_\_

Given in honor of /  Given in memory of: \_\_\_\_\_

Name & address for memorial card \_\_\_\_\_

\*\*You may choose to add a separate list of people and addresses.

Or donate online at [www.shepctr.org](http://www.shepctr.org)

Please make check payable to Shepherd's Center & mail to: 302 W. Market Street, Room 103, Greensboro, NC 27401



Shepherd's Center of Greensboro  
302 West Market Street, Room 103  
Greensboro, NC 27401

Non-Profit Org.  
US Postage  
PAID  
Greensboro, NC  
Permit No. 1139



STAFF Sandy Doyle-Jones *Executive Director*  
Vickie Williamson *Program Manager*

Please report any errors in your name or address above by calling 336-378-0766 or email [info@shepctr.org](mailto:info@shepctr.org).

# FRIENDS AGAINST FRAUD

SCG invites you to join us for the launch of this new project that educates our local seniors about frauds and scams and how to help a friend who has been a victim. Learn why seniors are targeted and the reasons they often do not report the crime. The program guides you on steps to prevent victimization, how to discuss situations with other seniors, and how to connect a friend with local resources for support and remedies. Be the friend we'd all like to know in order to stay safe in our community.

Lunch or dinner are provided free to registrants at each event.  
*Bring a Friend....call today to register!!*

## Please register to attend one of these 3 fall events:

**Friday Oct. 6**  
11:30am-1:30pm  
Starmount Presbyterian Church  
3501 W. Market St.  
Rsvp: 336.378.0766 (Sandy)  
[info@shepctr.org](mailto:info@shepctr.org)  
Shepherd's Center of Greensboro

**Monday, Oct. 23**  
6:00pm 8:00pm  
Mt. Zion Baptist Church  
1301 Alamance Rd.  
RSVP: 336.373.4248 (Alexis)  
[Williams@caregiverconnect.online](mailto:Williams@caregiverconnect.online)  
Caregiver Connect, Inc.

**Friday, Oct. 27**  
11:30am-1:30pm  
First Baptist Church  
1000 W. Friendly Ave.  
RSVP:336.274.3559 (Jodi)  
[jkolada@well-spring.org](mailto:jkolada@well-spring.org)  
Well-Spring Solutions

An initiative of the Guilford County Elder Justice Committee, made possible with an *Aging Impact Grant* from the Junior League of Greensboro.

### Table Games

Love to play cards?  
Interested in a new board game?  
Then please join us for Table Games!

**First Monday of the month**  
**Mondays, Oct. 2, Nov. 6, Dec. 4, etc.**

9:30am—12noon followed by lunch  
**at Spring Arbor** of Greensboro  
5125 Michaux Road  
\$7 fee includes lunch

Register with Judy Hull @ 299-7189  
on the Thurs. prior to the 1st Mon.

