

# ADVENTURES IN LEARNING

September 29, October 6, 13, 20, 27, November 3, 2016  
First Baptist Church, 1000 West Friendly Avenue

## Welcome!

**ADVENTURES IN LEARNING** offers enrichment and fellowship opportunities for all Greensboro area men and women. There are **17 classes** from which you can create your own schedule. All variations are welcome. The registration fee covers 1 or 2 or all 3 classes!

At midday, there is a quiet period of inspiration and meditation led by volunteers. After lunch, a Forum speaker, announcements of general interest, and fellowship activities make midday a special time.

**Prepaid Lunch**, at a **cost of \$8.00**, is served in the Fellowship Hall beginning around noon. Or, bring a sack lunch and join any table.

**IMPORTANT NOTE:** All lunch reservations must be "PREPAID" by 3:00 p.m. the Monday prior to each Thursday session. Therefore, if you must cancel, call by that time each week. Shepherd's Center is responsible for paying a minimum amount based on the number of lunches reserved, even if fewer lunches are served. If you prepay for lunch and fail to cancel by Monday at 3:00 p.m., there will be no refund.

## 9:30-10:30 a.m. Classes

**GARDENS GALORE:** The Extension Master Gardener Volunteers of Guilford county will present six programs on popular horticulture topics: Perennials with Pizzazz, Small Space Container Gardens, Flowering Trees and Shrubs, Winter Interest Gardens, Culinary Herbs and Houseplants. Let's "talk gardening" with friends!

*Cooperative Extension Master Gardener Volunteers, Facilitators*

**IMMIGRANTS IN AMERICA - HISTORY & PROBLEMS:** History of Asian immigrants (Japanese, Chinese, and Indian); evolution of immigration laws and discrimination faced by immigrants; Greensboro's recent immigrants from around the world.

*Suresh Chandra, Instructor*

**MAH JONGG:** If you ever wanted to learn to play Mah Jongg, now is the time. This class is designed for beginners and anyone who needs to brush up on their game.

**2-hr. Class Limited-12** *Paula Becker, Instructor*

**MOVE TO IMPROVE WITH YOGA (Gentle/Beginner Level):** This course is appropriate for students who want to learn the basics of yoga in a safe environment. Students should bring their own yoga mats and dress in comfortable clothing to allow free movement.

*Jennifer Dowler, Instructor*

**THE ECONOMICS OF THE 2016 PRESIDENTIAL ELECTION:** This course will explore the economic policies of the Presidential candidates, not just the nominees of the two major parties, but all the major candidates (e.g. Clinton, Cruz, Kasich, Paul, Sanders and Trump), among whom there were widely disparate economic policies being promoted. Topic areas will include job creation, income inequality, wage growth, debt burdens, taxes, and the costs of higher education and health care.

*Mike Stoller, Instructor*

**THE METROPOLITAN OPERA COMES TO GREENSBORO:** A discussion of the five operas that the Met will send via HD transmission to Greensboro theaters between October 2016 and January 2017. Join this discussion that will include *Tristan and Isolde* plus *Don Giovanni*.

*Richard Cox, Instructor*

**QUILTING: "Snow Happy Bluework"**. Embroider whimsical snowmen and make a unique table runner or wall hanging. Fabric supplies provided for a fee.

**2-hr. Class Limited-10** *Janet Dietz, Instructor*

**WOODCARVING:** The fundamentals for beginner and experienced woodcarving will be demonstrated and practiced. Our fall carving project will be Christmas Ornaments. Woodcarving blanks will be available. Bring a carving knife, if you have one. **2-hr. class limited to 12**

*Richard DeCoste, Instructor*

FALL 2016

10:45-11:45 a.m. Classes

**A LOOK AT NORTH CAROLINA WRITERS:** In this class we will read and discuss two titles: *When I Married My Mother* by Jo Maeder and *A Long and Happy Life* by Reynolds Price. Jo Maeder will visit the class on the day of discussion of her book! Copies of both titles will be distributed to the class members. The remaining classes will feature presentations on various North Carolina writers.

*Ronald Headen, Facilitator*

**THE ART OF THE SONNET:** The sonnet is one of the most durable poetic forms in English. In this class we will trace the development of the sonnet from its beginnings in Renaissance, through the Romantic and Victorian Periods into the 20th century. All readings will be provided.

*Jack Kraemer, Instructor*

**EXPRESS YOURSELF! :** Have you ever felt there was a poem inside just waiting to emerge? Have you tried your hand at poetry but been dissatisfied with the results? This course will help you take that first step or continue on your journey through analysis of contemporary poems, discussion, and writing exercises.

**Class Limited-10** *Martha Golensky, Instructor*

**TRAVELOGUE OF EUROPE, CENTRAL AMERICA AND THE WESTERN U.S.:** In this class you will travel with Cyril from southeastern Europe to northwestern United States.

*Cyril Harvey, Facilitator*

**MAH JONGG - continues for a second class.**

**QUILTING - continues for a second class.**

**WOODCARVING - continues for a second class.**

1:30-2:30 p.m. Classes

**FRENCH CLASSICISM (Corneille, Molière, Racine):** A study of seventeenth-century French theater: Corneille's *Le Cid*, Molière's *Tartuffe* and Racine's *Phaèdra*. If there is time, we will read other writers (Descartes, La Fontaine, etc.). Students are strongly urged to buy Richard Wilbur's translations (Amazon.com sells low-cost paperback editions), all other material will be provided.

*Kathleen Koestler, Instructor*

**ISRAEL TODAY:** Travel to Israel with members of Greensboro's Interfaith Study Mission. Visit modern and ancient sites, places of significance to Christians, Jews, Muslims, and Bahais - look at culture, politics and everyday life, including relations between Israelis & Palestinians.

*Jane Chandra, Facilitator*

**KNITTING:** This class is for beginners and anyone who needs help. Needles and yarn will be provided for beginners; experienced knitters will need to bring their own supplies.

*Margaret Young, Instructor*

**THE HUMAN ANIMAL BOND:** A look at our connection to other animals; what they bring to us and what we understand about them.

*Jayne Owen Parker, Facilitator*

**PLANNING FORWARD:** In this class we will discuss a variety of important subjects that include Medicare, estate planning, investment strategies, advanced planning, and long-term care.

*John Wilkie, Facilitator*



A dventures In Learning Spring Scrapbook

Please remember that all Shepherd's Center activities are cancelled when Guilford County Schools are closed for inclement weather. If the schools are delayed, Shepherd's Center will operate on our regular schedule. Watch WFMY Channel 2 for closing information.

# Who's Who?

## ADVENTURES IN LEARNING PLANNING COMMITTEE

Dick Swanson, Chair

Jim Allen

Jane Chandra

Steven Danford

Brooks Graham

Margaret Griffin

Phyllis Shavitz

Marian Solleder

Jean Tillman

### Your FALL Instructors:

**Jeanne Aller & Extension Master Gardeners Volunteers** are trained by NCSU faculty and staff, and assist them in providing research-based information about gardening and environmental stewardship to individuals and communities.

**Paula Becker** has been teaching and playing Mah Jongg for over 30 years.

**Jane Chandra** is a retired school librarian. She participated with her husband in the 2016 Interfaith Study Mission.

**Suresh Chandra** a retired professor and administrator from NC A&T and a member of the SCG Board of Trustees. He immigrated to the United States from India in 1961.

**Richard Cox** is a retired Professor of Music from UNCG, where he conducted 15 opera performances. He was also responsible for the chorus preparation for a number of productions by the Greensboro Opera company.

**Richard DeCoste** has been carving off and on for most of his life. He has been an active carver with Adventures in Learning since 2003 and a carving instructor since 2010. He has carved crosses, pocket-prayer-peaces, "wood-spirits" in walking-sticks and many other interesting pieces.

**Janet Dietz** has been doing all forms of quilting for over 35 years. She is a member of the Triad Quilters.

**Jennifer Dowler** (RYT 200) has been practicing yoga since 1973 and is a registered yoga teacher with the Yoga Alliance. Her training is Iyengar influenced which means she focuses on alignment and safe practices when teaching yoga asanas/poses. Bring your yoga mat and dress comfortable clothing.

**Martha Golensky** is a published poet whose work appeared in literary journals, anthologies, general-purpose magazines, and online. Authored a textbook on nonprofit leadership and management. She relocated to Greensboro in 2007 after retiring and is now working on her first poetry collection.

**Cyril Harvey** is a retired professor of geology at Guilford College with a longtime interest in world travel and photography.

**Ronald Headen** works for the Greensboro Public Library. He serves as an adult media selector, adult programmer, book club advisor, and book selector for the organization. He has been with the library for 43 years and been involved with One City One Book since it started in 2002.

**Kathleen Koestler, Ph.D.** is a retired Associate Professor of Romance Languages, French Symbolist Poetry, and the French novel at UNCG.

**Alfred "Jack" Kraemer, Ph.D.** is an Adjunct Professor at Greensboro College, past Media Coordinator and English teacher at Northeast Guilford High School and a lover of the sonnets you'll study.

**Jayne Owen Parker, Ph.D.** is the Director of Conservation Education at N.C. Zoological Society.

**Mike Stoller** received his Ph.D. in Economics from Washington University in St. Louis and was Professor of Economics at the State University of New York (SUNY) at Plattsburgh for many years.

**John Wilkie** is an experienced Medicare solutions professional that works closely with seniors in the Triad area. A native of Greensboro with a passion for teaching.

**Margaret Young** was born in Scotland and has been knitting since childhood. She belongs to two knitting groups in Greensboro.

### Special Group Presenters:

#### **Members of the Greensboro 2016 Interfaith Study Mission**

**Community Professionals:** Marc Ingersoll, J.J. Moore, Jim Eddington, Jillian Reich

Instructors from Spring 2016. Thank you to all the speakers who volunteer their time and talents with us.



## Forum Luncheon Speakers

**September 29**

**Remembering Jim Weikel**  
*"Bring Your Favorite Story of Jim"*

**October 6**

**Trista Pachan**  
*Rite Aide Pharmacist*

**October 13**

**Chief Bobby Nugent**  
*Greensboro Fire Dept.*

**October 20**

**Luck Davidson**  
*Triad Local First*

**October 27**

**Dr. Charles Prysby**  
*"The Elections" UNCG Professor*

**November 3**

**Sylva Beck & Bill Haney**  
*Appalachian Trail Hike*

### *Thank You!*

Thanks to all the excellent Instructors, Forum Speakers and Inspirational Speakers for volunteering their time, knowledge and expertise to make another successful session of "ADVENTURES." Each winter, spring and fall, it is our privilege to be the guest of one of our sponsoring congregations and we are appreciative of the members of First Baptist Church and Christ UMC for sharing their facilities with us. We look forward to returning for yet another ADVENTURE!

### REGISTRATION FORM: **F A L L 2016** Adventures in Learning

Name (s) \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Zip \_\_\_\_\_

Church/Synagogue \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_ Relationship \_\_\_\_\_

**Please use initials if registering more than one person:**

**9:30 - 10:30 a.m.**

- Gardens Galore
- Immigrants in America
- Mah Jongg
- Move To Improve -Yoga
- Economics of 2016 Election
- Metropolitan Opera
- Quilting
- Woodcarving

**10:45 - 11:45 a.m.**

- A Look at N.C. Writers
- Art of the Sonnet
- Express Yourself
- Travelogue
- Mah Jongg cont.
- Quilting cont.
- Woodcarving cont.

**1:30 - 2:30 p.m.**

- French Classicism
- Israel Today
- Knitting
- The Human Animal Bond
- Planning Forward

**Non-Refundable Registration fee, FALL 2016 TERM \$40.00 per person \$\_\_\_\_\_**

**(ALL REGISTRATIONS received after September 26th will be \$50.00 per person)**

Lunch Reservation, September 29th only - \$8.00 or \$\_\_\_\_\_

All six luncheons - \$48.00 \$\_\_\_\_\_

Contribution to Shepherd's Center (Optional) \$\_\_\_\_\_

Or volunteer your time \_\_\_\_\_ TOTAL \$\_\_\_\_\_

Is this your first time attending Adventures in Learning? \_\_\_Yes \_\_\_No

**MAIL NO LATER THAN September 26, 2016 (\$10.00 Late charge will be assessed after this date!)**

*Send to Shepherd's Center of Greensboro, 302 West Market Street, Room 103, Greensboro, NC 27401*



## CAMPAIGN 4 the FUTURE

Shepherd's Center is designed for you, powered by you and we turn to you for ideas on the vital elements that make aging an opportunity not a burden, a time for ideas, education, activity and fellowship. With just two part-time staff, hundreds of volunteers, no federal/state/local government funding, and a budget kept very minimal ... we need the support of the people we serve and our congregational sponsors in order to:

- \* provide transportation to seniors who cannot drive but want to remain in their home,
- \* keep classes and activities affordable or to be able to offer a scholarship when needed,
- \* plan and provide new classes in new areas of the community,
- \* improve essential technology, and
- \* maintain the quality and variety of programs that active older adults want and deserve.

What we DO happens because of you and benefits other older adults in our local community. When you consider a contribution, please know that we appreciate and need your support. Thank you for standing with us in working toward our goals of helping people stay active, vital, able to age in place and stay connected in our community.

*"Everyday comes bearing its own gifts...untie the ribbons."*



I believe the Shepherd's Center is an important resource for active older adults.  
My support of the 2016 ANNUAL FUND is enclosed.

\$1000     \$500     \$250     \$100     \$50     \$\_\_\_\_\_ other

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Amount of enclosed gift \$ \_\_\_\_\_

◆ You may choose to give in honor or in memory of someone special. Please add a note with your gift.  
Gift given  in honor of  in memory of \_\_\_\_\_

- ◆ Gifts may also be made through our website at [www.shepctr.org/giving/](http://www.shepctr.org/giving/)
- ◆ Please call Sandy if you would like to discuss a specific fund or use of your gift. 336.378.0766

*Please make check payable to Shepherd's Center & mail to: 302 West Market Street, Room 103, Greensboro, NC 27401*

*"I recently had a fire in my home that destroyed almost all my records. The volunteers from Shepherd's Center understood my need for new IDs, helped me get to the DMV and assisted with rides to stores. I even registered to vote in the process! They were kind, patient and respectful through every step of the way."*

*- Mary Ellen*