



AUTUMN 2021

Adventures In Learning

virtual & in-person classes

It's been a busy summer with fantastic short Zoom classes filling the July calendar, more opportunities to dine outside and see old friends, lots of family get-togethers, and an August full of travel or planning for the challenges ahead of us for autumn. We are ready to turn that calendar page, order a new sweater, and get ready for the return to classes.

We are finally trying to arrange a "hybrid" version of classes for fall, but, as you know, things and rules keep changing. Our version of hybrid is having Zoom classes on Tuesdays and Fridays, then offering exercise and creative in-person small classes on Thursday mornings.

Autumn session begins October 21 with Tom Brawner kicking off the session. The semester is planned for a full 6-week series of our famous Adventures In Learning. There are 12 class topics with each class holding its own hour on Tuesdays or Thursdays or Fridays. You can sign up for 1 or 3 or 10 based on your schedule and interests...all for the one-time fee. But you must register :

Step1: Click on the link on page 5 of this document to get online to pay the autumn semester fee of just \$45.00. You will **pay online, through the secure website**, using PayPal or your credit card; be sure to enter your email address as that is the only way we can send you the connection links for your Zoom classes. **

Step 2: After you pay the fee, we will email you the links to do the full Zoom online registration so you will get your individual codes for each class you choose. Decide how the dates fit your schedule, which topics or instructors you prefer, and **then you will register on Zoom for each topic** you plan to attend.

*Live links to the classes cannot be shared, so **send this invitation to your friends** if you'd like them to attend.

If you are looking *for a computer or tech class*, you can find ShepNet's new online multi-day classes and short topics when they are announcing this week to take place in October. They will teach Gmail tips, iphone/ipad, Google Photos, and Edge. Just go to the website at

<https://www.shepnetgreensboro.org/registration.html>

While this past year has been a tremendous challenge, we have had a wonderful time in great classes as we learn our new way forward on Zoom connections. The many donations we received in 2021 served to keep us viable, engaged and ready to be here for you at an affordable price. You may choose to add a **wrap-up the year donation** on the SCG website or by mailing a gift to P.O. Box 4063, Greensboro, NC, 27404. We love your energy and interest and we deeply appreciate your participation.

**** IF you cannot register/make payment online, you must call Vickie at 336.501.8849 to let her know you are mailing a check to our post office box (SCG, P.O.Box 4063, Greensboro NC 27404).**

Questions? Need help with setting up Zoom on your computer or tablet or phones? Ideas or comments? Just call us or email staff at the numbers on the bottom of these pages. We'd like to help.

Sandy & Vickie & your AIL Volunteer Team



Tuesdays beginning 9/21/2021 ZOOM Classes

North Carolina's Valentine's Murders

Instructor: **Tom Brawner**

After leaving a Valentine's dance in Durham on February 12, 1971, sweethearts Patricia Mann, 20, and Jesse McBane, 19, disappeared. Thirteen days later, their strangled bodies were found tied to a tree in a wooded location in Orange County near a local "Lovers Lane." The crime has never been solved. This course will explore this case, the victims, suspects, and the efforts to solve this 50-year-old crime.

Dates: **Tuesdays, September 21, 28 & October 5, 12, 19, 26** Time: **9:30 am**

In The News

Instructor: **John Spurrier, PhD**

Emeritus Professor John Spurrier leads a discussion of current news stories appearing in major newspapers around the country. Emphasis is placed on considering the stories from different viewpoints. Links to the stories are emailed a few days before each class. Listeners and talkers are equally welcome.

Dates: **Tuesdays, September 21, 28 & October 5, 12, 19, 26** Time: **11:00 am**

World Affairs and Current Issues

Instructor: **Bruce Moses**

In this class we will discuss 1) Climate Change: Status (good news/bad news), what can we do now? 2) China: Competitor, partner, threat, Afghanistan, Belt Road Initiative. 3) Russia: economic threat, political interference, cyber threat? 4) U.S. Divided Political Climate: Social media influence, COVID-19, January 6, 2021, Afghanistan. 5) Immigration: Necessity, control, changing U.S. demographics. 6) Artificial Intelligence: Status, robots, future opportunity, or threat?

Dates: **Tuesdays, September 21, 28 & October 5, 12, 19, 26** Time: **2:00 pm**

Fridays, beginning 9/24/21 ZOOM classes

Down the Garden Path

Instructors: N.C. State Extension Master Gardener Volunteers: Jeanne Aller, Deborah Pelli, Jo Ann Shaw, Shirley Keel, Faye Wilhite and Karen Williams

The NC Extension Master Gardener Volunteers of Guilford County will present six entertaining and informative programs on popular horticulture topics: Culinary Herbs, Planting for Pollinators, Flower

Garden Fundamentals, Spring Flowering Bulbs, Flowering Trees and Shrubs, and Success with Houseplants. Fall is a great time to talk gardening with friends!

Dates: **Fridays, September 24, October 1, 8, 15, 22, 29**

Time: **9:30 am**

The Epic Hero in the Ancient World and Modern Times

Instructor: **Linda Danford**

We will start with the classic Greek Heroes (Achilles, Odysseus, Heracles, and Jason) as depicted in ancient art and poetry. Then we will take a look at the influence of these heroic models on the heroes of our own time as they are depicted in comic books, movies, and other art forms. We will look at what and how have these models changed over time and try to identify a universal definition (if there is one).

Dates: **Fridays, September 24, October 1, 8, 15, 22, 29**

Time: **11:30 am**

Searching for Life's Origins: The Outer Solar System

Instructor: **Steve Danford, PhD**

One of the great discoveries of the past half century has been the possibility that life could have developed or existed in the solar system beyond Mars where very little warmth from the Sun is available. NASA is vigorously pursuing this possibility by building two robots designed to study the moons Europa and Titan. We will discuss these fascinating moons as well as provide an update on the Mars robotic explorer Perseverance.

Dates: **Fridays, September 24 and October 1**

Time: **2:00 pm**

Thursdays, beginning 9/23/2021 IN-Person Small classes at First Baptist Church

As of this printing, we are planning to hold these classes with masks to be worn and social distancing required. The church has limited the number of people for each room and will assist us with other safety guidelines. There will not be lunch available since the church no longer has a kitchen staff. You may choose to go out to lunch with a friend after the classes end.

We hope that many of our non-zoomers will choose to come back and participate after a long 16-months away from Adventures In Learning.

"There There" – One City One Book

Instructor: **Ronald Headen, Greensboro Public Library**

The class will read and discuss the Greensboro Public Library's One City, One Book ***There There*** by Tommy Orange. The book is a stunning debut novel that follows twelve characters from Native communities as they travel to the Big Oakland Powwow. With a common history, these voices share the plight of the urban Native American with unflinching focus. Praised by media and fellow authors

alike, *There There* is one of the New York Times 10 Best Books of the Year, a Pulitzer Prize finalist and Winner of the Pen/Hemingway Award. For most readers the depiction of modern day Native Americans will be a stark departure from traditional stereotypes.

There will be some presentations to the class to enhance the reading and discussion of the book. Copies of the book will be distributed on the first day of class. **Class Limit – 20**

Ron is looking forward to seeing you in person and having participation and excitement for this book.

Dates: **Thursdays, September 23, 30 & October 7, 14, 21, 28**

Time: **9:30 am**

MOVE TO IMPROVE WITH YOGA

Instructor: **Jennifer Dowler**

Gentle/ Beginner Level: This course is appropriate for students who want to learn the basics of yoga in a safe environment. Students should bring their own yoga mats and dress in comfortable clothing to allow free movement. *This class will take place in the large gym, with plenty of space for distancing.

Dates: **Thursdays, September 23, 30 & October 7, 14, 21, 28**

Time: **9:30 am**

DRAWING I – GETTING STARTED

Instructor: **Melanie Bassett**

Drawing is Seeing! We will practice remembering to see. A class in drawing for all with a desire to create art. No experience, talent, or artistic relatives necessary. Past drawers welcome. We will explore drawing, art history, and the wonderful world around us. **Class Limit – 6**

Dates: **Thursdays, September 23, 30 & October 7, 14, 21, 28**

Time: **9:30 am**

10:30 – 11:00 Break with social time in the fellowship hall

DRAWING II – CARRYING ON

Instructor: **Melanie Bassett**

Drawing continues, for those retuning to the second hour; making art, having that experience of creating with a favorite object, a memory, or a curled autumn leaf. Remember the peaceful hours of watching the light and seeing the shapes unfold.

Dates: **Thursdays, September 23, 30 & October 7, 14, 21, 28**

Time: **11:00 am**

KNITTING

Instructor: **Margaret Young**

Have you been knitting over the past year? It's become quite a trend, even seen during the recent Olympics. This class is for beginners and anyone who needs help. Needles and yarn will be provided for beginners; experienced knitters will need to bring their own supplies.

Dates: **Thursdays, September 23, 30 & October 7, 14, 21, 28**

Time: **11:00 am**

AGELESS GRACE: a gentle stretching energizing hour

Instructor: **Roz Gerken**

Men and women of various ages and abilities enjoy this seated exercise program, which uses the cutting edge science of neuroplasticity and focuses on body, mind, and spirit (based on seven years of research at a Duke University hospital). You will feel energized while having fun. There is no set choreography; no equipment; every class is different. Not everybody likes to exercise, but everybody likes to play. Come and join us!

Dates: **Thursdays, September 23, 30 & October 7, 14, 21, 28**

Time: **11:00 am**

Are you excited? Curious? Ready to sign up for a great semester?

Click here for the website to pay for the classes:

<https://shepnet.wufoo.com/forms/qt75ijd1i6pkqn/>

Or, you can copy and paste that link into your browser

(If you have never paid on line, or need help, please call Sandy 10:00-4:00 at number noted.)

Thank you for your interest and we'll see you in the September – October classes!

Vickie Williamson, Program Manager

home office: williamsonvickie1@gmail.com
336.501.8849 mobile

Sandy Doyle-Jones, Executive Director

home office: scgexecutivedirector@gmail.com
336.202.5769 SDJ mobile

Shepherd's Center of Greensboro is on a mission *to help older adults pursue independent and active lives of purpose.*

Mailing address: P.O. Box 4063 Greensboro, NC 27404

Website: www.shepctrq.org 336.378.0766