



## SUMMER 2021 Adventures In Learning virtual classes



The weather is warmer, we are feeling protected with our vaccines and spending time with friends and family...but, many of our participants don't want to wait for September to attend classes. So we contacted some of our teachers for short term classes that sound great for your Summer School. We are going back into the virtual classrooms for a number of one-time only classes of our famous Adventures In Learning Zoom programs. There are new teachers with a special guest appearance from San Francisco. You can sign up for 1 or 3 or 9 based on your schedule and interests.

**Step 1:** Click on the link on page 4 of this document to get online to pay the summer school fee of just \$25.00. You will **pay online, through the secure website**, using PayPal or your credit card; be sure to enter your email address as that is the only way we can send you the connection links for your Zoom classes.

**Step 2:** After you pay the fee, you will get a receipt from PayPal and an email from Shepherd's Center.

**Step 3:** For this semester, we will email you the direct links to the Zoom online classes a few days before each class begins with the active links for that week. It will come from Vickie or Sandy via gmail.com with the subject of "AIL class links". Be sure to check your email and your spam folder for these grouped emails.

\* We may not be recording all classes...so plan to attend!

\*\* Additional speakers or topics may be added in the months ahead. We will email all registrants with any extra Zoom presentations!

*The many donations we received in 2021 serve to keep us viable, engaged and ready to be here for you at an affordable price. You may choose to add a **charitable donation** on the SCG website or by mailing a gift to P.O. Box 4063, Greensboro, NC, 27404. We love your energy, interest and appreciate your participation.*

Questions? Need help with setting up Zoom on your computer or tablet or phones? Ideas or comments? Just call us or email staff at the numbers on the bottom of these pages. We'd like to help.

*Sandy & Vickie & your AIL Volunteer Team*

\*Live links to the classes cannot be shared, so **send this invitation to your friends** if you'd like them to attend.

### JUNE Summer School Classes:

#### **When is it time to call 911 ?**

Instructor: **Michael Dawson**

The class will discuss: 1. How 911 works; 2. How a multi-agency EMS System works; 3. What skills different responders bring to your call; and 4. How they determine which hospital you'll need.

➤Mike is a retired Paramedic and Field Trainer from Guilford County EMS with nearly 30 years of service.

Date: **Monday, June 21<sup>st</sup>**

Time: **2:00 pm**

## **Massachusetts Mysteries: Lizzie Borden & Chappaquiddick**

Instructor: **Tom Brawner**

Many students asked Tom to bring back two of his topics to our Zoom rooms. This course will cover two unrelated Massachusetts summer mysteries, separated by 45 miles and 77 years. The first 3 weeks will focus on the brutal murders of Abby and Andrew Borden in Fall River in August 1892. Daughter Lizzie Borden was accused, but did she do it? In the latter 3 weeks, we will shift to the history-changing Chappaquiddick incident July 1969, in which Kennedy family friend and partygoer Mary Jo Kopechne died alone and in darkness in a submerged car owned by the late Senator Edward M. Kennedy.

☞ Tom is a retired attorney who spends hours investigating details and back stories of true crime and unsolved murder cases.

Dates: **Tuesdays, June 22, 29 AND July 6, 13, 20, and 27**      Time: **9:30 am**

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## **Exploring Mars: An Update**

Instructor: **Steve Danford, PhD**

What happened when Perseverance landed on Mars in February? Is there a microbial life on Mars? What have we learned from this latest NASA robot? What can we expect over the next few years? How can this knowledge fit into our growing understanding of our neighboring planet?

☞ Steve is a retired professor of Physics & Astronomy at UNCG and continues his research and gazing. He presents many scientific topics related to our planets and space.

Date: **Monday, June 28<sup>th</sup>**      Time: **11:30 am**

### *JULY Summer School Classes:*

## **Massachusetts Mysteries: Lizzie Borden & Chappaquiddick**

Instructor: **Tom Brawner**

*Classes continue for 4 more weeks on Tuesdays, July 6, 13, 20, and 27*      Time: **9:30 am**

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## **COVID-19: What Happens Now?**

Instructor: **Janne Cannon, PhD**

Although many of us are vaccinated against COVID-19 and the pandemic seems to be waning in the U.S., uncertainties remain about the future impact of the disease. In this class, we'll discuss some of those lingering questions, including: What do we know now about the origin of the virus? What happens if not enough people are vaccinated to achieve herd immunity? Will we need booster shots? What about the variants?

☞ Janne is an Emeritus Professor of Microbiology and Immunology at the UNC School of Medicine in Chapel Hill, NC and an Adjunct Professor at UNCG.

\* We are so fortunate to have the scientific details that explain and advise us on this past year's situation with COVID-19. If there are other questions you would like Dr. Cannon to discuss, send them to her at [jgcannon@uncg.edu](mailto:jgcannon@uncg.edu) by the end of June.

Date: **Tuesday, July 6<sup>th</sup>**      Time: **11:30 am**

## **Oy, Oy, Oy...MY ACHING BACK! A primer on understanding back pain**

Instructor: **Peter Levitin, MD**

We are honored to welcome Dr. Levitin to the volunteer teaching team at SCG. He will begin with explaining our anatomy and the structure of our back, he will explore what can change or go wrong, and will help us know when you should see a doctor for back pain.

➤ Peter is a rheumatologist, specializing in arthritis research and treatment. He now serves on the teaching staff on Cone Hospital and UNC medical school.

Dates: **Thursdays July 8 & 15**

Time: **11:30 am**

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## **Explore the Healing Gardens**

Instructor: **Mary Magrinat**

Two acres of natural area adjacent to Cone Health Cancer Center & Wesley Long Hospital are being transformed thanks to the vision and inspiration to create the Healing Gardens that recognize the benefits of nature to enhance the capacity for healing. Landscape architect, Sally Pagliai, was inspired to donate well over 200 hours of time, as a result of the care her husband received at the Center. Mary Magrinat, a cancer survivor, and her husband, local oncologist Dr. Gus Magrinat, chaired a community campaign to raise approximately \$1.3 million to develop the Wetland and Meditation Gardens. Join us for Mary's presentation of the gardens, healing, and nature.

\*\*We hope to plan a group tour and refreshments at the garden, for class participants, when the weather cools in early September.

➤ Mary is the current chair of The Healing Gardens. She initiated this huge community project in collaboration with Sally Pagliai and the Cone Hospital Wesley Long team.

Date: **Monday, July 12<sup>th</sup>**

Time: **2:00 pm**

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## **Medicine in the American Revolution**

*Special Guest Instructor: Ronald Gibbs, MD*

Join us as we jump back nearly 250 years to find out how disease was a big part of everyday life in the American Colonies and how conditions of the American Revolutionary War made things even worse. For every soldier dying of wounds in the war, seven died of infections including smallpox, malaria, and typhus. The prevailing medical thinking of the day hadn't really changed much since ancient times and, with the best of intentions, doctors treated these diseases with bleedings, leeches, and purges. Wounds of the head, chest and abdomen were almost always fatal, and those of the arms or legs often led to amputation...without anesthesia or hygiene. The result was a gruesome and often fatal ordeal. We'll also learn about the doctors and the hospitals caring for the Revolutionary War soldiers.

➤ Ronald S. Gibbs, MD has been invited to present to our Greensboro lifelong learners by Dr. Peter & Pat Levitin. Dr. Gibbs grew up in Philadelphia and developed a life-long passion for the American Revolution, cartography, and medical history. During medical school, he researched 18<sup>th</sup> Century medicine and won the History of Medicine Prize at graduation from the University of Pennsylvania. After medical school, he became an obstetrician-gynecologist. Early in his medical career, he served as a Major in the Army Medical Corps at Walter Reed Medical Center in Washington, DC. A nationally known expert on infections in pregnancy, he has written hundreds of medical articles and some on history, and has lectured nationally on medicine and history. He is Clinical Professor at Stanford University and was formerly Professor and Chair of Obstetrics and Gynecology at The University of Colorado. He has

provided service to The National Institutes of Health, Centers for Disease Control, and numerous other professional organizations and medical journals. He lives in San Francisco with his wife Jane and near their children and grandchildren. "The Long Shot: The Secret History of 1776," his first novel, was published in 2020.

Date: **Tuesday, July 20<sup>th</sup>**

Time: **2:00-3:30 pm**

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## **Greensboro Opera: Porgy & Bess**

Instructors: David Holley & Elvira Green

Presentation on the story behind George Gershwin's *Porgy & Bess*, the development of the opera, unique aspects involved in bringing this American classic to the new Performing Arts Center in Greensboro. The Greensboro Opera will present *Porgy and Bess* at the Steven Tanger Center for the Performing Arts on January 21 & 23, 2022, featuring Grammy-award winning musical artist and Greensboro native Rhiannon Giddens as Bess.

➤ David Holley is the Executive Director of the Greensboro Opera and Elvira Green is the board's VP of Artistic Advisory

Date: **Wednesday, July 21<sup>st</sup>**

Time: **10:00 am**

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## **Rhythm and Ragtime**

Instructor: Paul Stewart, PhD

Did you attend the 1920's class in the AIL winter session? Remember Paul Stewart introducing us to significant music evolving in the 20's and performing the pieces live for us on Zoom? He is back to share commentary and perform Ragtime Piano Music featuring the music of Scott Joplin, Adaline Shepherd, Charles Johnson, and Joseph Lamb.

➤ Paul retired from UNCG School of Music after 46 years of service. He holds music degrees from Indiana University, University of Illinois and Florida State University.

Date: **Tuesday, July 27<sup>th</sup>**

Time: **11:30 am**

**Are you excited? Curious? Ready to sign up for these great short classes?**

**Click here for the website to pay for the classes:**

<https://shepnet.wufoo.com/forms/q3p8mb80lzdu98/>

**Or, you can copy and paste that link into your browser**

(If you have never paid on line, or need help, please call us 10:00-4:00 at numbers noted.)

Thank you for your interest and we'll see you in the June – July classes!

Vickie Williamson, Program Manager

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**336.501.8849**

Sandy Doyle-Jones, Executive Director

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**336.202.5769**

**Shepherd's Center of Greensboro** is on a mission:  
*to help older adults pursue independent and active lives of purpose.*

[www.shepctrq.org](http://www.shepctrq.org)  
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