

ADVENTURES IN LEARNING

January 18, 25, February 1, 8, 15 and 22

Christ United Methodist Church, 410 N. Holden Road

Welcome!

ADVENTURES IN LEARNING offers enrichment and fellowship opportunities for all Greensboro area men and women. There are **17 classes** from which you can create your own schedule. All variations are welcome.

The registration fee covers 1 or 2 or all 3 classes!

At midday, there is a quiet period of inspiration and meditation led by volunteers. After lunch, a Forum speaker and announcements of general interest, along with social and fellowship activities, make midday a special time.

Prepaid Lunch, at a **cost of \$8.00**, is served in the Fellowship Hall beginning around noon. Or, bring a sack lunch and join any table.

IMPORTANT NOTE: All lunch reservations must be “PREPAID” by 3:00 p.m. the Monday prior to each Thursday session. Therefore, if you must cancel, call by that time each week. Shepherd’s Center is responsible for paying a minimum amount based on the number of lunches reserved, even if fewer lunches are served. If you prepay for lunch and fail to cancel by Monday at 3:00 p.m., there will be no refund.

9:30-10:30 a.m. Classes

BIRDS AND BIRD WATCHING: This is “Birding 101” for people who would like to know more about these beautiful and fascinating creatures. It also will be of interest to folks who already have some experience with a bird watching hobby. Using photographs of birds in nature, each class will focus on different aspects of enjoying them with such topics as the basics of birds, attracting birds to our yards and gardens, and identifying the common birds around us.
Dennis Burnette, Instructor

“EXPLORING SPACE: NASA and BEYOND”: This class will focus on the amazing library of knowledge of our universe that we’ve acquired through space programs (ours, and those of other countries) since the 1960’s. We’ll discuss what we’ve learned of the Moon from Apollo, Mars, the Jovian Planets, and stars and galaxies beyond our solar system (from Hubble and “the Great Observatories”). We will finish with a look ahead: what might the future of space exploration look like as the 21st century continues?
Dr. Steve Danford, Instructor

IN THE NEWS: In this class we will discuss news stories taken from major newspapers around the country and beyond. Emphasis will be placed on considering stories from various viewpoints. Students will receive internet links to the stories a few days before class. The instructor welcomes a variety of opinions as well as those who mainly want to listen.
Dr. John Spurrier, Instructor

METROPOLITAN OPERA COMES TO GREENSBORO: A discussion of six operas that the Met will send via HD transmission to Greensboro theaters February through April 2018. Included are *La Boheme* and *Così fan tutte*.

Richard Cox, Instructor

STRESS FREE QUILTING: Sew accurate blocks on your very first try! Learn quick piecing techniques, sew large chunks of fabric together, then slice off sections to create pre-sewn units. Learn the basics to create a quick pieced version of just about any quilt block you see.

\$20.00 for kit. **2-hrs. Class Limit 12**

Paula Becker, Instructor

THE TOP OF THE WORLD: This course will examine the highest mountain peaks of five of the earth’s continents. It will consider the questions of how such high peaks were formed and how humans have adapted to the mountain ranges in which they occur.

Dorothy Mason, Instructor



10:45-11:45 a.m. Classes

CONTEMPORARY POETRY: We will examine contemporary poetry, with emphasis on accessibility. Instructor will draw on the work of poets such as Ellen Bass and Billy Collins, as well as his own work. Class members may read and discuss their poems in a collegial atmosphere. New materials have been added, so this class is appropriate for those who have taken it before, as well as those who have not.

Class limited to 18. *Bob Demaree, Instructor*

EDLER LAW AND ELDER CARE - Don't Go Broke in a Nursing Home: Learn from an Elder Law expert about important Elder Care and Estate Planning topics. Get pointers for planning ahead for what can happen when you live a long life and need care or someone to make decisions for you. Class includes "What The Heck is a Trust" talk, probate, the elder care journey, Medicaid for nursing home care, Powers of Attorney versus Guardianship, and protecting a child's inheritance. There will be time to talk about "getting your legal ducks in a row" for the second half of life.

Dennis Toman, Facilitator

ENTERTAINMENT AND RECREATION IN THE CLASSICAL WORLD: From Greek Drama to the Roman Gladiatorial Arena, we will explore the wide range of leisure time activities of the ancient Greeks and Romans as well as the social and religious contexts from which they originated. And, of course, we'll ask ourselves what these various choices tell us about who they were and who we are.

Linda Danford, Instructor

QUILTING - continues for a second class

SIMPLY FIT EXERCISE: Class is comprised of warm-up marching, stretch/flexibility work, strength work (using resistance bands), low impact aerobic work, and balance work. Each minute of class is packed with exercises that are preventative in their orientation yet can be quite rehabilitative too. We call this class "just enough and not too much" in its intensity level.

Class limit 12 *Mona Flynn, Instructor*

SING FOR FUN: SINGING MORE OLDIES BUT GOODIES AND SOME NEW TUNES! Come relive some memories by singing songs you will remember but haven't heard for years. "Start your day with a song, and it will surely end on a happy note." *Eleanor Procton, Facilitator*

MEMOIRES, & EXPANDING PUBLIC INFLUENCE: Memoires are creative and helpful ways of conveying some of the activities, insights and values of our life experiences to family and close friends. They may also bring into focus some issues of ethics and public policy which we might want to share with a broader audience. To do that, some may develop "Letters to the Editor" or a "Blog."

Dr. William Rogers, Instructor

1:30-2:30 p.m. Classes

EARLY MODERN EUROPE, 1450-1789: We will focus on developments that changed Europe such as movable type, explorations, religious reformation, agricultural and scientific revolutions, capitalism, other economic and technological changes, and the beginning of political liberalism in England and America.

Lynette Wrenn, Instructor

GENEALOGY: The class will consist of instructions on how to research your family tree, using the various State and County resources and the internet.

Tim Spradling, Facilitator

KNITTING: This class is for beginners and anyone who needs help. Needles and yarn will be provided for beginners; experienced knitters will need to bring their own supplies.

Margaret Young, Instructor



"TALES FROM THE CRYPT-The Historical Legacy of the New Garden Quaker Graveyard": In 2017, the cemetery at New Garden Friends Meeting is 260 years old and has been added to the National Parks Service's map of significant places connected with the Underground Railroad. In this course, we'll introduce many interesting people and events associated with the graveyard. The final class will be a visit to the boneyard itself.

Max Carter, Instructor

THE BIOLOGY OF PLACE: How "location, location, location" effects which animals can survive in which spaces.

Jayne Owen Parker, Instructor



Who's Who?

ADVENTURES IN LEARNING PLANNING COMMITTEE

Betty Allen
Steven Danford

Brooks Graham
Margaret Griffin
Michael Maynard

Phyllis Shavitz
Francis Young

Winter Instructors:

Paula Becker has been quilting over 10 years and is retired from the Jewish Family Services.

Dennis Burnette is a retired professor, a serious amateur nature photographer, and a nature educator with a special interest in teaching adults. He has served as president and in other elected offices in several nature groups. He frequently presents programs and leads field trips for garden clubs, scouts, church groups, and nature organizations.

Max Carter is recently retired as the Director of Friends Center and Quaker Studies at Guilford College. He leads frequent tours of the New Garden Friends cemetery, including one on Hallowe'en night!

Richard Cox is a retired Professor of Music from UNCG, where he conducted 15 opera performances. He was also responsible for the chorus preparation for a number of productions by the Greensboro Opera company.

Linda Danford is an old Latin teacher who retired in 2011 from the faculty of the UNCG Classical Studies Department where she was a lecturer for 22 years. Her favorite courses to teach were in the area of Roman Civilization and Culture. In recent years she has become active as a member of the Shepherd's Center Board and is currently President-Elect.

Steve Danford, Ph.D. is a retired professor from the Dept. of Physics and Astronomy at UNCG.

Bob Demaree is the author of four book-length collections of poems, including *Other Ladders* (2017). His work has appeared in numerous periodicals and anthologies. Bob retired from Greensboro Day School after 42 years in independent education.

Mona Flynn has a M.S. in Exercise Physiology and is owner of LifeFit, Inc., a Yoga and Pilates based company. She has been teaching exercise for special populations for over 30 years.

Dorothy Mason has a background that includes graduate degrees in geography and thirty-five years of university teaching. She is a world-wide traveler and explorer.

Jayne Owen Parker, Ph.D. is Director of Conservation Education at North Carolina Zoological Society.

Eleanor Procton led "Music for Pleasure" at Friends Home Guilford for several years. She began the class in 1978, worked in Special Services and later served as the department director. Now she adds the pleasure of singing with us at AIL!

William "Bill" Rogers, Ph.D. is President Emeritus of Guilford College, former Parkman Professor of Psychology and Religion at Harvard University 1970-80, and former Chair of the NC Association of Independent Colleges and Universities. He has authored 6 books and over 40 scholarly articles, plus involvement with "Being Mortal" seminars.

Tim Spalding is a retired franchise owner and now volunteers with AIL, ShepNet and SCORE. He has been researching his family tree and helping others do the same for over 40 years in the state archives and on the internet.

John Spurrier, Ph.D. is a Distinguished Professor Emeritus of Statistics at the University of South Carolina. He has received numerous awards for teaching and research while at USC. He has had a lifelong interest in current events and is a political independent. Since retirement, he has written three comedy books.

Dennis Toman is a Certified Elder Law Attorney and Board Certified Specialist in Elder Law, Estate Planning and Probate. He founded the Elderlaw Firm to ensure that local families could have a trusted guide to the Elder Care Journey. He co-authored two "Protect Your Family" books.

Lynette Wrenn, Ph.D. received her A.B. in history from the Woman's College of University of North Carolina, an ABD from Radcliffe College and Ph.D. from Memphis State University. She has written three books.

Margaret Young was born in Scotland and has been knitting since childhood. She belongs to two knitting groups in Greensboro.

*"Life is a Learning Process,
Learning is a Life-long Process.
You can't separate them."*

- Vivienne Forrester

Forum Luncheon Speakers

January 18
John Spurrier
AIL Instructor/Participant

February 1
To Be Announced

February 15
To Be Announced

January 25
John Salmon, Pianist
UNCG School of Music

February 8
To Be Announced

February 22
Deputy Chief James Hinson
Greensboro City Police

Thank You!

Thanks to all the excellent Instructors, Forum Speakers and Inspirational Speakers for volunteering their time, knowledge and expertise to make another successful session of "ADVENTURES." Each winter, spring and fall, it is our privilege to be the guest of one of our sponsoring congregations and we are appreciative of the members of First Baptist Church and Christ UMC for sharing their facilities with us. We look forward to returning for yet another ADVENTURE!

REGISTRATION FORM: **WINTER 2018** Adventures in Learning

Name (s) _____ Phone _____

Address _____ Zip _____

Church/Synagogue _____ Email: _____

Emergency Contact _____ Phone _____ Relationship _____

Please use initials if registering more than one person:

9:30 - 10:30 a.m.

- Birds and Bird Watching
- Exploring Space
- In the News
- MET Opera
- Quilting
- The Top of the World

10:45 - 11:45 a.m.

- Contemporary Poetry
- Elder Law
- Ent. & Rec. Classical World
- Quilting cont.
- Simply Fit Exercise
- Sing for Fun
- Writing Meaningful Memoires

1:30 - 2:30 p.m.

- Early Modern Europe
- Genealogy
- Knitting
- Tales from the Crypt
- The Biology of Place

Non-Refundable Registration fee, Winter 2018 TERM \$40.00 per person \$ _____

(ALL REGISTRATIONS received after January 12th will be \$50.00 per person)

Lunch Reservation, January 18th only - \$8.00 or \$ _____

All six luncheons - \$48.00 \$ _____

Contribution to Shepherd's Center (Optional) \$ _____

Or volunteer your time _____ TOTAL \$ _____

Is this your first time attending Adventures in Learning? ___ Yes ___ No

MAIL NO LATER THAN JANUARY 12TH (\$10.00 Late charge will be assessed after this date!)

Send to Shepherd's Center of Greensboro, 302 West Market Street, Room 103, Greensboro, NC 27401

