



# ADVENTURES IN LEARNING

April 20, 27, May 4, 11, 18, 25, 2017

First Baptist Church, 1000 West Friendly Avenue

## Welcome!

**ADVENTURES IN LEARNING** offers enrichment and fellowship opportunities for all Greensboro area men and women. There are **16 classes** from which you can create your own schedule. All variations are welcome. The registration fee covers 1 or 2 or all 3 classes!

At midday, there is a quiet period of inspiration and meditation led by volunteers. After lunch, a Forum speaker and announcements of general interest, along with social and fellowship activities, make midday a special time.

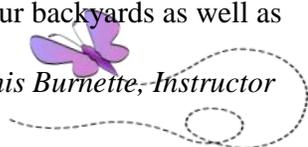
**Prepaid Lunch**, at a cost of \$8.00, is served in the Fellowship Hall beginning around noon. Or, bring a sack lunch and join any table.

**IMPORTANT NOTE:** All lunch reservations must be "PREPAID" by 3:00 p.m. the Monday prior to each Thursday session. Therefore, if you must cancel, call by that time each week. Shepherd's Center is responsible for paying a minimum amount based on the number of lunches reserved, even if fewer lunches are served. If you prepay for lunch and fail to cancel by Monday at 3:00 p.m., there will be no refund.

## 9:30-10:30 a.m. Classes

**BUTTERFLIES:** Through photos and discussions, learn to identify common butterflies in our backyards as well as nearby parks and vacation spots.

*Dennis Burnette, Instructor*



**IN THE NEWS:** In this class we will discuss news stories taken from the country's major newspapers. Emphasis will be placed on considering stories from various viewpoints. Students will receive internet links to the stories a few days before class. The instructor welcomes a variety of opinions as well as people who mainly want to listen.

*John Spurrier, Instructor*

**ISRAEL-Connection, History, Modern Day Reality and Prospects for Peace:** This course will begin by studying the 4000 year old Jewish connection to the land of Israel and then will proceed to the current situation. Among the topics to be studied will be Zionism, Major 20th Century events, the dreams of Israel founders versus its present day reality, peacemaking attempts throughout the years, Israel on the world stage and security challenges, tourism and Israel as a center for innovation.

*Rabbi(s) Fred Guttman and Andy Koren, Instructors*

**MAH JONGG:** If you ever wanted to learn to play Mah Jongg, now is the time. This class is designed for beginners and anyone who needs to brush up on their game. There will be a \$10.00 charge per person (the purchase of the 2017 Mah Jongg card).

**2-hr. Class Limited - 12**

*Paula Becker, Instructor*

**MAKING YOUR HOME SAFER, MORE BEAUTIFUL AND MORE EFFICIENT:** Topics to be covered will include container & patio gardening, updating & beautifying various rooms with paint and other methods, learning to do simple home repairs, products and techniques for making your home safer, new products for the home and opportunities for questions and answers.

*Dan O'Sullivan & Battleground Home Depot Specialists*

**MOVE TO IMPROVE WITH YOGA (Gentle/Beginner Level):** This course is appropriate for students who want to learn the basics of yoga in a safe environment. Students should bring their own yoga mats and dress in comfortable clothing to allow free movement.

*Jennifer Dowler, Instructor*

**ONE STROKE GLASS PAINTING:** This is a basic class, no painting experience needed. Glass makes a great first surface as it is VERY FORGIVING. If you do not like what you have painted, you can just wipe it off and start again! Supply list will be provided to those who register. Bring supplies to the first class.

**Class limit 15**

*Pam Spurrier, Instructor*



**10:45-11:45 a.m. Classes-cont.**

**LINE DANCING:** Put on your dancing shoes and come join this fun activity! Learn the Electric Slide, Cupid Shuffle and many others. No partner required!

**Class limit - 20**

*Betsy Holder, Instructor*

**MAH JONGG - continues for a second class.**

**ONE STROKE GLASS PAINTING - continues for a second class.**

**REVOLUTION IN EATING - Food preparation through the ages:** This course will review and discuss some of the history of food and food systems with a focus on foods in the south, the tools and utensils used in their preparation, and the roles involved. The course will cover several major time periods, starting with the "Paleo diet" and ending at microwaves, with stopovers in other kitchens along the way. Participants will be encouraged to share their knowledge of food, foodways and any artifacts to which they have access.

*David Johnson, Instructor*

**SING FOR FUN: SINGING MORE OLDIES BUT GOODIES AND SOME NEW TUNES!** Come relive some memories by singing songs you will remember but haven't heard for years. "Start your day with a song, and it will surely end on a happy note."

*Eleanor Procton, Instructor*

**U.S. CONSTITUTIONAL HISTORY - Its Origins, Creation, and Growth:** This course on U.S. Constitutional History will focus on the origins, content and continued growth of the Constitution to the present. We will trace its beginning in English common law, Roman coded law, and the Enlightenment of the 18th Century. From that point, we will see how the new nation of the United States evolved from revolutionary fervor to a written constitution reflecting the influence of Enlightenment theory and English common law. We will then trace the Constitution's growth through significant court cases and amendments.

*Charles Newell, Instructor*

**1:30-2:30 p.m. Classes**

**HIKING AND BIKING IN GREENSBORO AND GUILFORD COUNTY:** Do you enjoy hiking or biking? What trails are available to residents of Greensboro and Guilford county? An amazing network of trails is now under construction, centered on the Downtown Greenway. This class will be taught by six (6) community leaders who use, plan and run our recreational and commuter hiking and biking trails.

*Greensboro/Guilford County Leaders, Facilitators*

**INTIMATE SHAKESPEARE:** We will discuss a selection of Shakespeare's well-known but little-read sonnets. The sonnets report with embarrassing frankness on his passions, regrets and moral reflections concerning an adulterous triangular relationship with a wealthy "Young Man" and a worldly "Dark Lady." This poetry was original in style, complex and requires careful reading. Handouts will be provided for the first two meetings. For participants who want their own texts to mark up and reread I recommend purchasing a used copy of Shakespeare's Sonnets and preview/read numbers 18, 20, 24, 129, 130 and 147.

*Jim Gutsell, Instructor*

**MASTERING THE PURSE STRINGS - A Retirement Workshop for Women:** Money is a tool we use to care for ourselves and the people we love. Learn how to align your wealth with your values and chart your own retirement course through investment, income preservation and legacy planning. We will explore securities, annuities, life insurance, Medicare, long term care insurance and taxes. Learn your own drives so you can become more organized, informed, and empowered about your finances.

*Bill Roach, Facilitator*

**MORE GREEK MYTHOLOGY:** This course will cover important myths from Greek and Roman mythology such as Oedipus, Iliad, Odyssey, Theseus & Perseus, House of Atreus and Aeneas and Early Rome (through the overthrow of the kings).

*Hugh Parker, Instructor*

**THE RELIGIOUS TAPESTRY OF GREENSBORO:** This course will review the history of the various faith communities in Greensboro beginning with David Caldwell and the Presbyterians up to present day immigrant faith communities. As often as possible we will visit various houses of worship along with other places of interest.

*Rev. Frank Dew, Facilitator*

**Mission:** *To help older adults pursue independent and active lives of purpose*

# Who's Who?

## ADVENTURES IN LEARNING PLANNING COMMITTEE

Betty Allen  
Steven Danford  
Brooks Graham

Margaret Griffin  
Mike Maynard  
Phyllis Shavitz

Marian Solleder  
Jean Tillman  
Francis Young

### Spring Instructors:

**Paula Becker** has been teaching and playing Mah Jongg for over 30 years.

**Dennis Burnette** is a retired professor, a serious amateur nature photographer, and a nature educator with a special interest in teaching adults. He has served as president and in other elected offices in several nature groups. He frequently presents programs and leads field trips for garden clubs, scouts, church groups, and nature organizations.

**Frank Dew** is a graduate of Wake Forest University & Duke Divinity School, retired Pastor of New Creation Community Presbyterian Church and Chaplain at Greensboro Urban Ministry.

**Jennifer Dowler** (RYT 200) has been practicing yoga since 1973 and is a registered yoga teacher with the Yoga Alliance. Her training is Iyengar influenced, meaning she focuses on alignment & safe practices when teaching yoga asanas/poses. \* Bring your yoga mat and dress in comfortable clothing.

**Jim Gutsell** received his MA and PhD from the University of Connecticut. He taught for 32 years in the English Dept. at Guilford College. He is also a potter and owner of a local art gallery.

**Rabbi Fred Guttman** has served Temple Emanuel since 1995. From 1979-1991 he lived in Israel and served as the rabbi and principal of Alexander Muss H.S. Among his many prestigious awards and recognitions, in March 2015 he organized the National Jewish commemoration in Selma of the 50th Anniversary of the Bloody Sunday March.

**Betsy Holder** brings years of experience as a line dancing instructor to this popular class.

**David Johnson** has a PhD in anthropology from UNC-CH and is retired from teaching anthropology, sociology and statistics at NC A&T SU.

**Rabbi Andy Koren** has been the Associate Rabbi and Director of Religious Education for 14 years at Temple Emanuel. At Tufts University, Rabbi Koren majored in International Relations, Middle Eastern Studies and Israeli Foreign Policy. He co-chairs the Greensboro Faith Leaders' Council, interacting with religious leaders representing Greensboro's diverse faith communities.

**Charles Newell** received his BA and MA in history. He has been teaching U.S. History & Constitutional History for 37 years, most recently the American Hebrew Academy.

**Hugh Parker** is an Associate Professor and Department head of Classical Studies at UNCG. He teaches both Greek and Latin courses and classes dealing with different aspects of life in ancient Greece and Rome.

**Eleanor Procton** has led "Music for Pleasure" at Friends Home Guilford. She began the class in 1978, worked in Special Services and later served as the department director. When she retired, they would not let her stop teaching and she continues to take great pleasure being with her friends. Now she adds the pleasure of singing with us at AIL!

**Bill Roach** is President of Whichard Roach & Associates, serving as a financial professional in the Greensboro area for 30 years. He frequently speaks with women regarding their unique retirement challenges. Bill finds great satisfaction in listening to his client's needs and helping them find sound financial solutions that make personal sense.

**John Spurrier** is a Distinguished Professor Emeritus of Statistics at the University of South Carolina. He received numerous awards for teaching and research. Since retirement, he has written three comedy books.

**Pam Spurrier** is a certified *One Stroke* instructor and has been painting since 2000. She is a member of the Society of Decorative Painters and Silk Painters International.

### Special Presenters:

**Community Organizations:** Dabney Sanders, Action Greensboro; Daniel Amstutz, Bicycling in Greensboro; and Madeleine Carey, Greensboro Parks & Recreation.

**Home Depot on Battleground:** Manager Dan O'Sullivan and Specialists from various departments.

### More Greek Mythology:

Linda Danford and Robyn LeBlanc.

*"Life is a Learning Process, Learning is a Life-long Process.  
You can't separate them."*

- Vivienne Forrester

**Forum Luncheon Speakers**

**April 20**

**Paul Stewart**  
UNCG-Ragtime Music

**May 4**

**Chief Wayne Scott**  
Greensboro City Police

**May 18**

**To Be Announced**

**April 27**

**Amy Pasquini**  
Our State Magazine

**May 11**

**Gate City Horizons Jazz Band**  
Greensboro

**May 25**

**Neil Doroshenko**  
AAA Travel

***Thank You!***

Thanks to all the excellent Instructors, Forum Speakers and Inspirational Speakers for volunteering their time, knowledge and expertise to make another successful session of "ADVENTURES." Each winter, spring and fall, it is our privilege to be the guest of one of our sponsoring congregations and we are appreciative of the members of First Baptist Church and Christ UMC for sharing their facilities with us. We look forward to returning for yet another ADVENTURE!

**REGISTRATION FORM: SPRING 2017 Adventures in Learning**

Name (s) \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Zip \_\_\_\_\_

Church/Synagogue \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_ Relationship \_\_\_\_\_

**Please use initials if registering more than one person:**

**9:30 - 10:30 a.m.**

- \_\_\_ Butterflies
- \_\_\_ In The News
- \_\_\_ Israel
- \_\_\_ Mah Jongg
- \_\_\_ Making Your Home Safer, etc.
- \_\_\_ Move to Improve with Yoga
- \_\_\_ One Stroke Glass Painting

**10:45 - 11:45 a.m.**

- \_\_\_ Line Dancing
- \_\_\_ Mah Jongg cont.
- \_\_\_ One Stroke cont.
- \_\_\_ Revolution in Eating
- \_\_\_ Sing for Fun
- \_\_\_ U.S. Constitutional History

**1:30 - 2:30 p.m.**

- \_\_\_ Hiking & Biking
- \_\_\_ Intimate Shakespeare
- \_\_\_ Mastering the Purse Strings
- \_\_\_ More Greek Mythology
- \_\_\_ The Religious Tapestry

**Non-Refundable Registration fee, Spring 2017 TERM \$40.00 per person \$ \_\_\_\_\_**

**(ALL REGISTRATIONS received after April 18th will be \$50.00 per person)**

Lunch Reservation, April 20th only - \$8.00 or \$ \_\_\_\_\_

All six luncheons - \$48.00 \$ \_\_\_\_\_

Contribution to Shepherd's Center (Optional) \$ \_\_\_\_\_

Or volunteer your time \_\_\_\_\_ TOTAL \$ \_\_\_\_\_

Is this your first time attending Adventures in Learning? \_\_\_ Yes \_\_\_ No

**MAIL NO LATER THAN April 17, 2017 (\$10.00 Late charge will be assessed after this date!)**

Send to **Shepherd's Center of Greensboro, 302 West Market Street, Room 103, Greensboro, NC 27401**  
**336.378.0766 [www.shepctr.org](http://www.shepctr.org)**

