



# ADVENTURES IN LEARNING

**January 19, 26 and February 2, 9, 16, 23, 2017**  
**Christ United Methodist Church, 410 N. Holden Road**

## *Welcome!*

**ADVENTURES IN LEARNING** offers enrichment and fellowship opportunities for all Greensboro area men and women. There are **17 classes** from which you can create your own schedule. All variations are welcome. The registration fee covers 1 or 2 or all 3 classes!

At midday, there is a quiet period of inspiration and meditation led by volunteers. After lunch, a Forum speaker, announcements of general interest, and fellowship activities make midday a special time.

**Prepaid Lunch**, at a **cost of \$8.00**, is served in the Fellowship Hall beginning around noon. Or, bring a sack lunch and join any table.

**IMPORTANT NOTE:** All lunch reservations must be “PREPAID” by 3:00 p.m. the Monday prior to each Thursday session. Therefore, if you must cancel, call by that time each week. Shepherd’s Center is responsible for paying a minimum amount based on the number of lunches reserved, even if fewer lunches are served. If you prepay for lunch and fail to cancel by Monday at 3:00 p.m., there will be no refund.

## 9:30-10:30 a.m. Classes

**BASEBALL’S HALL OF FAME: The charter Class of 1936.** Explore the founding of the Hall of Fame in Cooperstown, N.Y. and the lives of the first five inductees who personified the greatness in the early decades of the major leagues.

*Dick Swanson, Instructor*

**BIRDS AND BIRD WATCHING:** This is “Birding 101” for people who would like to know more about these beautiful and fascinating creatures. It also will be of interest to folks who already have some experience with a bird watching hobby. Using photographs of birds in nature, each class will focus on different aspects of enjoying them with such topics as the basics of birds, attracting birds to our yards and gardens, and identifying the common birds around us.

*Dennis Burnette, Instructor*

**NONPROFITS YOU NEED TO KNOW:** Meet the leaders of six Greensboro-based nonprofit organizations. These agencies help with home furnishings for the needy, literacy, assistance to immigrants and refugees, promoting understanding and respect, fighting food insecurity, and services within a faith-based community.

*Community Organizations*

**READING FOR PLEASURE:** If you like reading detective stories you will love this class. We will read and discuss detective short stories written by some of the most famous Victorian writers such as Tony Hillerman’s *Chee’s Witch*, Edgar Allen Poe’s *The Purloined Letter*, Arthur Conan Doyle’s *Scandal in Bohemia*, as well as modern works by Sue Grafton, Craig Johnson and Reginald Hill.

*Fran Arndt, Instructor*

**STRESS FREE QUILTING:** Sew accurate blocks on your very first try! Learn quick piecing techniques, sew create pre-sewn units. Learn the basics to create a quick pieced version of just about any quilt block you see. \$15.00 for supplies.

**2-hr. Class Limited to 10**

*Paula Becker, Instructor*

**METROPOLITAN OPERA COMES TO GREENSBORO:** A discussion of the five operas that the Met will send via HD transmission to Greensboro theaters between February through May 2017. Included are *La Traviata* and *Der Rosenkavalier*.

*Richard Cox, Instructor*

**WOODCARVING:** The fundamentals for beginner and experienced woodcarving will be demonstrated and practiced. There will be an assortment of woodcarving blanks available for you to choose (beginners gooses, love spoons, crosses, stars, etc.) Our fall carving project will be Christmas Ornaments. Woodcarving blanks will be available. Bring a carving knife, if you have one.

**2-hr. Class Limited to 12**

*Richard DeCoste, Instructor*



**Mission:** *To help older adults pursue independent and active lives of purpose*

### 10:45-11:45 a.m. Classes

**CLASSICAL ART AND ARCHITECTURE AND ITS INFLUENCE:** What is “classical” about the classical art of the Greeks and Romans? Why did their artistic standards, forms and practices continue to exert influence in the millennia that followed the height of their imperial sway? In this class we will be looking at the practical, aesthetic and political aspects of this question which goes to the heart of the power of art, tradition, and rebellion.

*Linda Danford, Instructor*

**CONTEMPORARY POETRY: Reading, Writing, Discussion.** We will examine contemporary poetry, with emphasis on accessibility. Instructor will draw on the work of poets such as Faith Shearin and Stephen Dunn, as well as his own work. Class members may read and discuss their poems in collegial atmosphere. New materials have been added, so this class is appropriate for those who have taken it before, as well as those who have not.

*Bob Demaree, Instructor*

**EXCITING, FUN INVESTING CLASS!** A fun interactive class building dreams, fulfilling goals, learning about the market, what drives the market and enjoying retirement.

*Chad Barber and Keith Hiatt, Facilitators*

**SING FOR FUN: SINGING MORE OLDIES BUT GOODIES AND SOME NEW TUNES!** Come relive some memories by singing songs you will remember but haven’t heard for years. “Start your day with a song, and it will surely end on a happy note.”

*Eleanor Procton, Instructor*

**SPOTLIGHT ON NORTH CAROLINA MUSICAL ARTISTS:** We will explore the music contributions made by musical artists from North Carolina. All musical genres will be represented and special presentations will be given on some of the music pioneers and icons from North Carolina.

*Ronald Headen, Instructor*

**QUILTING - continues for a second class.**

**WOODCARVING - continues for a second class.**

### 1:30-2:30 p.m. Classes

**ASTRONOMY AND THE INVISIBLE UNIVERSE:** This course will be a hands-on introduction to radio astronomy. Much of the time will be spent learning how to interpret the radio signals that one receives from outer space. We will log into the radio telescopes on the Guilford College Radio Astronomy Observatory and have a live examination of our galaxy using what we learned about radio astronomy.

*Rexford Adelberger, Instructor*

**CHINA UPDATE:** Since 2014, the People’s Republic of China has taken several worrisome directions. Although there will be some overlap with earlier lectures, my main effort this time will be to detail the most significant political, social and cultural changes that have occurred since Xi Jinping came to power and to explain why the government has become more authoritarian. Topics to be covered include: China Myths, Law, Human Rights, the Chinese Family in Transition, Education & Society, and developments in the Arts.

*Dottie Borei, Instructor*

**GENEALOGY:** The class will consist of instructions on how to research your family tree, using the various State and County resources and the internet.

*Tim Spradling, Instructor*

**KNITTING:** This class is for beginners and anyone who needs help. Needles and yarn will be provided for beginners; experienced knitters will need to bring their own supplies.

*Margaret Young, Instructor*

**UNDERSTANDING COMPETING NARRATIVES in PALESTINE and ISRAEL:** A Buddhist, a Christian and a Jew walked into the Middle East...It sounds like the start of a joke, but for these three and several others, 2 1/2 weeks in the summer of 2016 in Palestine/Israel was no joke! They experienced the complexities of the situation on both “sides.” In this series, participants will share their insights from both the time spent in the Middle east and their professional lives.

*Max and Jane Carter, Co-facilitators*

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\* Please remember that all Shepherd’s Center activities are cancelled when Guilford County Schools are closed \*  
\* for inclement weather. If the schools are delayed, Shepherd’s Center will operate on our regular schedule. \*  
\* Watch WFMY Channel 2 or visit their website for closing information. \*  
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# Who's Who?

## ADVENTURES IN LEARNING PLANNING COMMITTEE

Jim Allen

Jane Chandra

Steven Danford

Brooks Graham

Margaret Griffin

Mike Maynard

Phyllis Shavitz

Marian Solleder

Jean Tillman

Francis Young

### Your WINTER Instructors:

**Rexford (Rex) Adelberger, Ph.D.** received his doctrine from the University of Rochester in experimental nuclear physics. He established the Guilford College Radio Astronomy Observatory.

**Fran Arndt, Ph.D.** received her doctrine from Duke University in Victorian literature. Detective stories and novels have been my pleasure reading since age thirteen.

**Chad Barber** has been in the securities industry for more than 13 years. He is a Financial Advisor and Accredited Asset Management Specialist with Ameriprise Financial. He graduated from UNCG with a BS in marketing and finance in 1998.

**Paula Becker** has been teaching and playing Mah Jongg for over 30 years.

**Dottie Borei Ph.D.** is an emerita professor of Guilford College, where she taught Chinese and Japanese history for almost three decades. Since retiring, she has lectured for Smithsonian Institution tour groups traveling in China and taught two other courses on contemporary China for SCG.

**Dennis Burnette** is a retired professor, a serious amateur nature photographer, and a nature educator with a special interest in teaching adults. He has served as president and in other elected offices in several nature groups. He frequently presents programs and leads field trips for garden clubs, scouts, church groups and nature organizations.

**Max and Jane Carter** have led nearly two dozen service-learning trips to Palestine and Israel since 1979. Max is recently retired as the William R. Rogers Director of Friends Center and Quaker Studies at Guilford College. Jane is also recently retired from her position as the Associate Head of New Garden Friends School.

**Richard Cox** is a retired Professor of Music from UNCG, where he conducted 15 opera performances. He was also responsible for the chorus preparation for a number of productions by the Greensboro Opera company.

**Linda Danford** is retired from the faculty of UNCG Classical Studies department where she was a lecturer for 22 years. Her favorite courses to teach were Mythology and Women in Antiquity.

**Richard DeCoste** has been carving off and on for most of his life. He has been an active carver with Adventures in Learning since 2003 and a carving instructor since 2010. He has carved crosses, pocket-prayer-peaces, "wood-spirits" in walking-sticks and many other interesting pieces.

**Bob Demaree** is the author of three book-length collections of poems, including *After Labor Day (2014)*; his work has appeared in numerous periodicals and anthologies. He retired from Greensboro Day School in 2001 after 42 years in independent education.,

**Ronald Headen** serves as an adult media selector, book club advisor, and adult programmer for the Greensboro Public Library. He has been with the library for 43 years and been involved with One City One Book since it started in 2002.

**Keith Hiatt** is a CPA and partner with the firm Breslow, Starling, Frost, Warner, Boger & Hiatt, PLLC.

**Eleanor Procton** has led "Music for Pleasure" at Friends Home Guilford for several years. She began the class in 1978, worked in Special Services and later served as the department director. When she retired, she continued teaching and takes great pleasure sharing songs with her friends.

**Tim Spradling** is retired Franchise Owner and now volunteers with ShepNet and SCORE. He has been researching his family tree and helping others do the same on and off for over 40 years in the state archives and on the internet.

**Dick Swanson** is a retired UNCG professor and academic dean whose research and teaching specialty has been the social, cultural and historical foundations of sport and exercise in American society. His professional career in teaching and administration spanned 46 years and he has been teaching courses for Adventures in Learning for the past 20 years.

**Margaret Young** was born in Scotland and has been knitting since childhood. She belongs to two knitting groups in Greensboro.

### Special Group Presenters:

**Community Organizations:** A Simple Gesture, The Barnabas Network, National Conference for Community and Justice of the Piedmont Triad, Greensboro Jewish Federation, Center for New North Carolinians, and Reading Connections.

Great instructors are the core of our education program. Please thank them for their generous volunteer time.

## Forum Luncheon Speakers

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**January 19**  
**Cara Townsend**  
*AARP State Director*

**January 26**  
**Westminster Presbyterian Worship Band**  
*Westminster Presbyterian Church*

**February 2**  
*To Be Determined*

**February 9**  
**Michelle Kennedy**  
*Interactive Resource Center*

**February 16**  
**Debra Wallace, Ph.D.**  
*UNCG-Union Square Campus*

**February 23**  
*To Be Determined*

### *Thank You!*

Thanks to all the excellent Instructors, Forum Speakers and Inspirational Speakers for volunteering their time, knowledge and expertise to make another successful session of "ADVENTURES." Each winter, spring and fall, it is our privilege to be the guest of one of our sponsoring congregations and we are appreciative of the members of First Baptist Church and Christ UMC for sharing their facilities with us. We look forward to returning for yet another ADVENTURE!

### REGISTRATION FORM: **W I N T E R 2017** Adventures in Learning

Name (s) \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Zip \_\_\_\_\_

Church/Synagogue \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_ Relationship \_\_\_\_\_

**Please use initials if registering more than one person:**

**9:30 - 10:30 a.m.**

- \_\_\_ Baseball's Hall of Fame
- \_\_\_ Birds & Bird Watching
- \_\_\_ Nonprofits You Need to Know
- \_\_\_ Reading for Pleasure
- \_\_\_ Stress Free Quilting
- \_\_\_ Metropolitan Opera
- \_\_\_ Woodcarving

**10:45 - 11:45 a.m.**

- \_\_\_ Classical Art & Architecture
- \_\_\_ Contemporary Poetry
- \_\_\_ Exciting Fun Investing
- \_\_\_ Sing for Fun
- \_\_\_ Spotlight on NC Musical Artists
- \_\_\_ Quilting cont.
- \_\_\_ Woodcarving cont.

**1:30 - 2:30 p.m.**

- \_\_\_ Astronomy
- \_\_\_ China Update
- \_\_\_ Genealogy
- \_\_\_ Knitting
- \_\_\_ Understanding Palestine & Israel

**Non-Refundable Registration fee, WINTER 2017 TERM \$40.00 per person \$ \_\_\_\_\_**

**(ALL REGISTRATIONS received after January 19th will be \$50.00 per person)**

Lunch Reservation, January 19th only - \$8.00 or \$ \_\_\_\_\_

All six luncheons - \$48.00 \$ \_\_\_\_\_

Contribution to Shepherd's Center (Optional) \$ \_\_\_\_\_

Or volunteer your time \_\_\_\_\_ TOTAL \$ \_\_\_\_\_

Is this your first time attending Adventures in Learning? \_\_\_ Yes \_\_\_ No

**MAIL NO LATER THAN JANUARY 15, 2017 (\$10.00 Late charge will be assessed after this date!)**

*Send to Shepherd's Center of Greensboro, 302 West Market Street, Room 103, Greensboro, NC 27401*





## Tax Prep Counselors

**Ready...Willing...Able...to help you prepare your**

2016 Income Tax Returns

This year's tax volunteers are getting ready to study the latest rules and regulations that apply to all filings. So you need to start collecting your data and receipts. This year we begin on



February 6 - April 5th

Mondays, Tuesdays, Wednesdays only

1:00 pm or 2:15 pm by appointment only

Federal and NC State returns

Must be age 60+



We will begin accepting requests for appointments **after January 16th.**

**Call 336-378-0766**, Mon-Fri, 9:30 am- 3:30 pm, to request an appointment.

On the day of your appointment, please remember to bring your forms for 2016, as well as a copy of your 2015 tax return, W-2's, a list of deductible expenses, a photo ID and other relevant income documents. \*\*

The services take place at West Market Street United Methodist Church (enter the church from the entrance on John Wesley Way/Commerce Street, take the elevator to Level 1, check in at Room 103.)

Project is part of the VITA (Volunteers in Tax Assistance) program of the IRS. Please note that there is a maximum limit of \$53,000 in annual income to qualify for this service.

**Travel with us back to 2 unique historic Virginia homes... you will be amazed!**

### \* **Point of Honor Mansion on the James**

Dr. George Cabell was a surgeon, a friend of Thomas Jefferson and physician to Patrick Henry. In his 40's, Cabell purchased a 737 acre farm between the James River and Backwater Creek and transformed it into a magnificent estate.

You will visit this irregular shaped two-story Federal mansion of stuccoes brick, with a three-bay center section flanked by two octagonal ended projections. Construction was started in 1806, and completed in 1815. The interesting history of the home reveals many interesting owners/occupants over the years and you can enjoy commanding spring views of the city and the James River.

*Our second house and museum has a very different style and focus for your afternoon tour:*

### \* **Anne Spencer's House & Gardens tour**

In 1903 Edward Spencer completed the home he designed and built for his wife, the poet, Anne Spencer. Over a period of 72 years, the home and gardens developed into a haven that supported three children and many years of writing and advocacy. More than thirty of her poems were published in her lifetime, making her an important figure of the black literary and cultural movement of the 1920s, the Harlem Renaissance, and only the second African American poet to be included in the Norton Anthology of Modern Poetry (1973). In addition to her writing, Spencer helped to found the Lynchburg Chapter of the NAACP. She was also a librarian who spent much of her time on local committees to improve the legal, social and economic aspects of African Americans' lives.

Amidst the troubled, segregated times in which she lived, Anne Spencer sought refuge in her garden and in the cottage, Edankraal, which her husband Edward built for her in the garden behind their home. Here she could lose herself in her flowers and creativity, and work into the wee hours of the morning. What a lovely garden to explore at its peak in the spring!

*This is a lovely, unique spring trip to two Historical landmark homes with scenery, history, fellowship and beauty.*

**Register early as seating is limited !!**

Come Travel with Shepherd's Center in 2017 for \$99.00 for a full-day trip:



Singing, dancing, oldies and just plain fun!

**Wednesday, March 22, 2017**

**Wohlfahrt Haus Dinner Theatre - Wytheville, VA**

**Show: "The Buddy Holly Story"**

**Cost: \$99.00** (includes transportation, lunch, show & gratuity)

Reserve your seat now for a trip down memory lane to the life and times of a young man who changed music with his humor, innocence and charm.

Depart from First Lutheran Church at 9:00 am.

Parking at 3600 W. Friendly Avenue

REGISTRATION DEADLINE FRIDAY, Feb. 24, 2017



*Limited Seating!*

Travel with us back to 2 unique historic Virginia homes...  
you will be amazed!

- \* **Point of Honor Mansion on the James**
- \* **Lunch at the famous "Depot"**
- \* **Anne Spencer's House & Gardens tour**

**May 9, 2017**

**Cost for the full day trip is just \$99.**  
**Includes comfort bus, lunch and admission fees.**

REGISTRATION DEADLINE: **FRIDAY, April 3, 2017**

Depart from First Lutheran Church at 8:00 am. 3600 W. Friendly Avenue



**Spring into fun! Leave the driving to our great bus company....the FUN is up to YOU !**

Please complete a form for each person traveling. Submit with payment to reserve your space.

☐ **The Buddy Holly Story**  
**March 22nd \$99**

☐ **Virginia Museums & Garden**  
**May 9th \$99**

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Congregation \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_ Relationship \_\_\_\_\_

**Return this registration form with your check.**

*Please make check payable to Shepherd's Center & mail to: 302 West Market Street, Room 103, Greensboro, NC 27401*

