



# Shepherd's Center News

*Older adults helping older adults pursue independent and active lives of quality, enriched and supported by learning and service activities in caring fellowship.*

302 W. Market Street  
Room 103  
Greensboro, NC 27401  
Ph: 336-378-0766  
Fax: 336-370-4772  
E-mail:  
shepctr@bellsouth.net  
Website: www.shepctr.org  
HOURS: Monday-Friday  
9:30am-3:30pm

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## SeniorNet Receives Award As “OUTSTANDING VOLUNTEER PROGRAM”

The SeniorNet program was honored in April as the "Outstanding Volunteer Program of the Year" by The Volunteer Center of Greensboro. This honor recognizes the many volunteers (currently 86) who have been teaching computer usage to more than 3,000 older adults for the past 12 years. The SeniorNet computer learning center was launched in 1996 with support from the national SeniorNet organization and local BellSouth offices, as well as several foundations that provided funding for equipment. Having retired as Executive Director of Shepherd's Center, Jean Eason became a volunteer to coordinate SeniorNet, a position she still holds today. This program has seen tremendous popularity and success due to her strong leadership and the significant support of numerous volunteers.

The SeniorNet concept is structured for older learners and classes are limited to six students meeting twice weekly for a month (or less). Each class has an instructor who utilizes a computer and projector system which is clearly visible to the students. A coach is seated between each pair of students to provide assistance when needed and each student has a computer to use.

Many students are absolute beginners just learning how to turn on their equipment and use a mouse. Others are advanced enough to use Family Tree Maker and Photoshop Elements. Most are happily browsing the internet and sharing emails, much to the appreciation of their friends and family. Some are applying their new skills in volunteer or paid work throughout the community.

For more information turn to page 4.

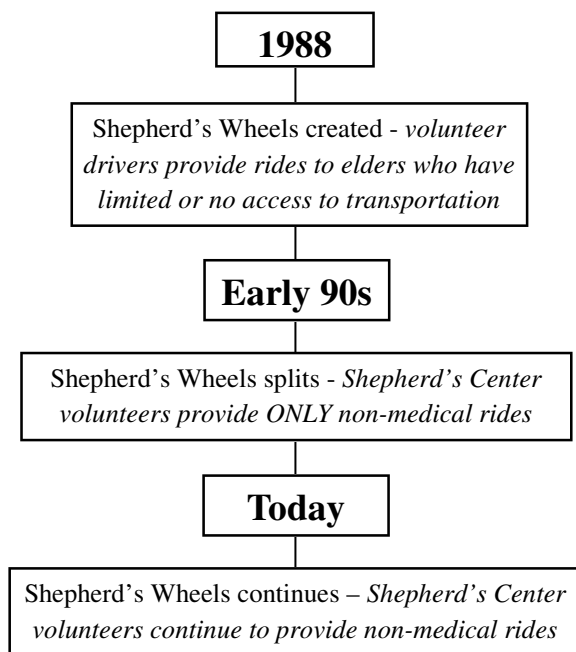
- \*\*\*\*\*
- Volunteers Needed**
- **Office assistance  
Tuesdays & Thursdays  
from 12:30 to 3:30pm**
  - **Drivers needed in city  
limits**
  - **Repairmen and women  
for Home Handyman  
Program**
  - **Instructors for computer  
courses**
  - **Tax Counselors to attend  
training this fall and as-  
sist with tax returns in  
winter of 2010**
- Call 378-0766 for more info.**
- \*\*\*\*\*

## *A Letter from Jean Eason, President of the SCG Board of Trustees:*

### *Let's run to the store...*

Greensboro has a transportation problem! Folks who don't have a car or a driver's license (or a family member with such) don't have many alternatives if they need to go somewhere in this city. Many of our older adults are in that group -- but with help, they can "remain active and independent as long as possible."

In the first year of operation, Shepherd's Center learned that transportation was a major concern to older adults. Our response to that concern was Shepherd's Wheels -- the first Service for Independent Living established by SCG volunteers. We recruited men and women from sponsoring congregations who were willing to give someone a ride once a week. The early program was a resounding success but we soon found that the need for transportation was greater than the Shepherd's Wheels volunteers could handle. As a result, the program was split in the early 1990s, with medical transportation moving to another agency.



The Shepherd's Wheels program continues to provide *non-medical transportation* for older adults living within the Greensboro City limits. Drivers help those who need rides to the grocer, drugstore, post office, bank, hairdresser, etc. This service is managed by a Shepherd's Center Volunteer Coordinator (Stuart Kaplan) and relies on volunteer drivers who are recruited the faith community. In 2008, we had 36 drivers who provided **958** rides to **167** older adults needing such assistance; the office telephones (where requests are accepted) are staffed by **30** volunteers.

Shepherd's Wheels is in need of more drivers – persons who can donate about 3 hours a week (or a month) to help another individual remain as independent as possible.

To better clarify this service for the general public, Shepherd's Center is considering a service name change. Recent suggestions have been Shepherd's Transport or Shepherd's Drivers. We ask for your input and would welcome all suggestions as we seek more drivers from our sponsors and the wider community. Anyone over the age of 60 (or younger if retired) can become involved after a background and driving record check – *we need your help to find new drivers*. And lastly, we need your help to spread the word to southeastern Guilford County residents that a new project (*Shepherd's Wheels Southeast*) has been launched for their non-medical transportation needs.

Please provide your suggestions by calling the Shepherd's Center Office at 336-378-0766 or you may send them by email to [shepctrng@bellsouth.net](mailto:shepctrng@bellsouth.net). We look forward to hearing from you!



Greensboro SeniorNet computer classes for persons age 50+ are taught by Shepherd's Center volunteers. They are offered monthly in the SeniorNet Learning Center provided by Friends Homes at 925 New Garden Road. Classes meet twice weekly in the morning (9:00 – 11:30) or afternoon (1:30 – 4); no weekends or evenings. A course fee of \$35 is assessed at the time of enrollment in an available class, except that the basic beginner course (4 sessions only) is \$25 and Keyboarding Workshop is \$10.



www.greensboroseniornet.com

If you want to take a course within the next four months, complete the waitlist form below. Please select no more than three topics. Note if you have time limitations (e.g., mornings only or MW only). Send to Shepherd's Center of Greensboro, 302 West Market Street, Room 103, Greensboro, NC 27401. You will be contacted by telephone when we reach your name. Do not send any money until you are enrolled.

Name(s) \_\_\_\_\_ Phone number \_\_\_\_\_

Address \_\_\_\_\_ Zipcode \_\_\_\_\_

Do you have a computer? \_\_\_ If so, what version of Windows do you use? \_\_\_XP \_\_\_Vista \_\_\_other

e-mail address if available \_\_\_\_\_

**FOR BEGINNERS:** Do you know how to use a mouse and can you type? \_\_\_\_\_

If **NO**: \_\_\_\_\_ Put my name on the list for **FUNDAMENTAL SKILLS** (4 sessions)

*A 10-hour prep course for absolute beginners to develop skills with mouse and keyboard and to learn computer terminology before taking any other class. Extra keyboarding class is available for those who need such training before moving ahead (please check here \_\_\_ if needed).*

If **YES**: \_\_\_\_\_ Put my name on the list for **INTRODUCTION TO COMPUTERS** (8 sessions)

*A 20-hour course to introduce word processing, spreadsheets, databases, file management, and a brief experience with the internet and email. Fundamental vocabulary, mouse and keyboard skills are required first. Versions for XP \_\_\_ and Vista \_\_\_.*

**FOR ADVANCED STUDENTS:**

*The following courses require positive answers to these questions:*

\_\_\_\_\_ *Do you own or have access to an online personal computer (not a Mac) for practice?*

\_\_\_\_\_ *Do you have the basic skills and experience outlined in our Introduction course?*

My answers are yes to the above two questions, so please put my name on the following waitlist(s):

\_\_\_ **INTERNET EXPLORATION AND E-MAIL** (7 sessions) *Internet Explorer basics, searching the web, organizing your browser, internet communications, cybersecurity.*

\_\_\_ **WINDOWS MANAGEMENT** (7 sessions) *How to best use and maintain your operating system (XP \_\_\_ and Vista \_\_\_ versions) Students must have these skills before taking the following classes*

\_\_\_ **WORD PROCESSING** (8 sessions) *A full course on text preparation using MS Word 2002 \_\_\_ or 2007 \_\_\_.*

\_\_\_ **SPREADSHEETS AND DATABASES** (8 sessions) *Use MS Excel to organize information.*

\_\_\_ **DIGITAL PHOTO IMAGING** (8 sessions) *Use Adobe PhotoShop Elements 6 to edit pictures.*

For more detailed information about classes, inquiries about home tutoring for housebound seniors, assistive technology for users with motor or visual limitation, or to volunteer to help with this Shepherd's Center program, contact SeniorNet Coordinator, Jean Eason, at 299-0993.

## Sponsoring Congregations Older Adult Ministries

CONGREGATION	PROGRAMS	TIME/DATE	CONTACT
Beth David Synagogue	Vatikim-light lunch provided	Tues 11:45-1:00	Beth Socol 294-0007
Centenary United Methodist Church	Friendship Club—bridge, lunch and program; trips	2nd Tues monthly 10:00am	Betty Chambers 288-6323
Christ United Methodist Church	Prime Timers, dinner \$6 Daytimers-55+, lunch \$5 Bridge Visitation to shut-ins, Travel, Events	3rd Tues monthly 5:30pm 4th Tues monthly 12:00pm 3rd Mon 2pm	Reservations call 299-1571 Anne Dooley 299-1571, ext306
College Park Baptist Church	Forever 39—covered dish lunch	Last Friday monthly	D. Thompson 299-4800
College Place United Methodist Church	Bereavement Meal, Special Events Visitation, shut-ins Trips		Carol Campbell 299-3690 Fay Hunsucker 282-2969 Ann Mills 292-2219
Faith Presbyterian Church	Chair Exercise Senior Play Day	10:15 Tuesdays 12:00pm Thursdays	292-5704
First Christian Church Disciples of Christ	The Vintage Bunch-lunch & entertainment Senior SS class; Caring Friends	2nd Wed 11:30am	Reservations 273-4725
First Presbyterian Church	Friendship Day— program/lunch Exercise, devotional, bridge, bingo, crafts Program is free. Lunch \$6.	Thursdays 10:00-12:00pm	Russell Sherrill 478-4706 r.sherrill@firstpresgos.org
Guilford College United Methodist Church	65+; Senior Prom; Luncheon with program; day trips	Sept-May, 4th Tuesdays	Gay Fischer 292-7832
Holy Trinity Episcopal	TWIGS-weekly Bible Study	Wed 4:00pm	272-6149
Mt. Pisgah United Methodist Church	JOY—Just Older Youth  XYZ's	55+ travel quarterly and other activities 55+ 3rd Sat 6:00pm	Ed Allred 288-3321
St. John's United Methodist Church	Prime Timers lunch and fellowship	2nd Tuesday monthly	299-3866
Starmount Presbyterian Church	Care Circle; Stephen Ministry; Church Visitors	Call for times	299-8131
Temple Emanuel	Friendship Circle	1st & 3rd Thurs 12:00pm lunch & program	Leah Strulson 292-7899
West Market Street United Methodist Church	Older Adult Ministry Council Time Out –trips & events Friendship Club Sewing Group Knitting Group Walking Club Home Bible Study Singing for nursing homes Heritage Sunday & Lunch Worship/Communion-homebound	Mondays monthly  Wednesdays 10am  Fall & Lent  4th Sun April	Charles & Mary Belle Gilbert 288-4664  Bill Ellison 275-4587
Westminster Presbyterian Church	JOY Group Lunch in Fellowship Hall	4th Tues 12:00pm	Suzanne Andia 299-3785

**Did you miss your congregation on this list? Please submit your information by calling 378-0766.**

# Thank You For Your Gifts!

## Annual Fund Contributions

*Feb. 15 - May 15*

Don & Barbara Allman  
Doris Armenaki  
Joann Barnes  
Ellen & Ellis Berlin  
Joanne & Arthur Bluethenthal  
Sion A. Boney  
Elizabeth Booker  
Donald J. Brady  
David & Suejette Brown  
F. Marshall & Anne Brown  
Mazie Bullard  
Betty Bunker  
Florence Bynum  
Mr. & Mrs. Guy Cerrito  
Marion Cochran  
Larry Conterno  
Lorena Copeland  
Daniel U. Cregar, Jr.  
W.S. Cross, Jr.  
Jerry & Marion Dintenfass  
Jean & Bob Eason  
Kathryn Eskey  
Virginia Forrest  
Gail Gassen  
Dr. Ethel Glenn  
Andy & Linda Goff  
Eileen Goff

*Honoring Bob Eason*

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Dan & Boots Hinkle  
Sam & Ann Hummell  
Clyde & Kay Hunt  
Mr. & Mrs. T. Hoke Huss  
Mary Ann James  
William Johnson  
Gene & Karen Johnston

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Bob King & Julie Davis

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Lois Magid

Florence Melvin

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Enola Mixon

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Dr. & Mrs. Joseph B. Mullin

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Marvin Pinson, Jr.

Janet Plummer

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Jim Tarter

Allen Trelease

Jim & Martha Weikel

Fred & Janol Whitfield

Jeter & Ann Wilkins

Margaret Willard

W. Fred Williams

Judith Wingo

## Individual Contributions

*Feb. 15 - May 15*

John & Virginia Achey  
Helen Akenson  
Dea & Vernon Aune  
Led Austin  
Anne Baecker  
Katharine Bohrer  
Paul Brackbill  
Franzi Brown  
N. Burchfield  
Sheila Burdick  
Barbara Burroughs  
Carol Campbell  
Miriam & Jerry Campbell  
Anne Carter  
Margaret Case  
Jean Caudle  
Charles Chisholm  
Clary Thomas  
Horace Copeland  
Evelyn Crane  
Nikki DeVeaux  
Rebecca Floyd  
Calvin & Sarah Forrester  
Melva Fraley  
Kenneth Garner  
Jean L. Glenn  
Nancy Glenz  
Margaret Griffin  
James Gunning  
Emily Hargrove  
Libby Heffernan  
Shirley Henley  
Gail & Amy Hersh  
June & Howard Hicks  
Fredd Hodge  
Patsy Hoffman  
Phyllis Hooks  
Abdur-Rashid Ishaq  
Rita Jacobs  
Lillie Jefferson  
Arnold Johnson  
Mildred Jones  
George Jordan  
Naomi Kaplan

Monique Kepreades  
 Bolling Lowery  
 Eva Luther  
 Magdalena Manicatide  
 Janice Mason  
 Dr. Alan S. Medoff  
 Betty Miller  
 Harriett Mitchell  
 Virginia Mohorn  
 Doris Mullings  
 Ellen Muratori  
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 Charlie Nelson  
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 Audrey Parker  
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 Frank Pequigney  
 Priscilla Perrin  
 Marlene Phillips  
 Gloria Radney  
 Diana & Bob Ramos  
 John Reep  
 Elizabeth Rives  
 Patty Robinson  
 Mary Rollins  
 Charles & Mary Routh  
 Nancy Rumple  
 Lawson Saul  
 Anne Schumann  
 Marie Sechrest  
 G. W. Sexton  
 Randall & Peggy Simpson  
 Loretta Slaughter  
 Marion Sledge  
 Deane Smigrod  
 Marian Solleder  
 James Tilley  
 Nancy Tousey  
 Allen Trelease  
 Margaret Wagoner  
 Mary Lou Waterstradt  
 Judith Wingo  
 Carol Wood  
 Norm & Jean Wren  
 LaRue Wright  
 Hazel Younger

**In Memory Of:**

*Feb. 15 - May 15*

**Peter Platz**

Ida Brown

**Peggy Ridgway**

**(Routh Challenge)**

Ann C. Bryan

Judge Barbara M. G. Lynn

**In Honor Of:**

*Feb. 15 - May 15*

**Pete Adams**

Barbara Lambert

**Jerry Dintenfass**

Sandra Goldman

Lois Snitzer

**Tom Haizlip**

Phyllis Hooks

**Clay Hall**

Jack Dixon

Jennie Marsh

**Joe Kent**

Elmer Billman

Layman & Sandra Cash

Diana Clark

Helen & Charles Hawley

Janet Plummer

Georgia Sprinkle

**Lia Miller's Birthday**

Judy Beaver

Mazie Bullard

Gene Clark

Tina Bell Midgett

Jack Upton

**Rita Reilly**

Mary & Bill Beavers

B & H Faust

**Charlie Routh**

Barbara Deering

Janet Plummer

Martin Symoniak

**Vincent Wade**

Anne Baecker

Melva Fraley

**Lynette Wrenn**

Jim & Martha Weikel

**Routh Challenge**

**Endowment**

*Nov. 1, 2008 - May 15, 2009*

Jim & Betty Allen

William F. Black

Edwin & Joan Bryan

Anne E. Cameron

Virginia E. Caruthers

*(honoring Charles  
Routh)*

Dr. & Mrs. Joe Christian

*(honoring Charles &  
Mary Routh)*

Diana D. Clark

Bill Craft

Blue Bell Foundation

Carol Douglas

Barbara M. Hunter

*(honoring Charles &  
Mary Routh)*

Louise C. Jones

Jack Markham

Henry & Hallie Maiden

Thomas & Judith Mincher

Blake L. Morrison

Isabelle B. O'Neal

Janet Plummer

Robert & Virginia Stephens

William & Anne Snyder

Dewitt & Shirley Thompson

James H. Truitt

Barbara Walters



Shepherd's Center of Greensboro  
302 West Market Street, Room 103  
Greensboro, NC 27401

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## RETURN SERVICE REQUESTED

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### DATES TO REMEMBER:

- CLOSED** ..... *Friday, July 3*
- Board Meeting** ..... **Friday, July 10**
- Faces of Aging ..... Monday, July 13
- Board Meeting** ..... **Friday, August 7**
- Faces of Aging ..... Monday, August 10
- Board Meeting** ..... **Friday, September 4**
- Faces of Aging ..... Monday, September 14
- Golf Tournament** ..... *Monday, September 14*
- Board Meeting** ..... **Friday, October 2**
- Annual Celebration** ..... *Monday, October 5*

*Please consider honoring Shepherd's Center by including SCG as a beneficiary of your will or life insurance policy. For more information visit [www.shepctr.org](http://www.shepctr.org) and click on "Donate" or call Lia Miller at 336-378-0766.*