



# Shepherd's Center News

*Mission: To help older adults pursue independent and active lives of purpose.*

## We ♥ Our Volunteers!

302 W. Market Street  
Room 103

Greensboro, NC 27401

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Fax: 336-370-4772

E-mail: [info@shepctr.org](mailto:info@shepctr.org)

Website: [www.shepctr.org](http://www.shepctr.org)

HOURS: Monday-Friday

9:30am-3:30pm

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*AIL Program Manager*

Paula Barger

*Volunteer Manager*

Lia Miller

*Executive Director*

Spring-March 2011

Volunteers are the backbone of the Shepherd's Center of Greensboro (SCG). For more than 23 years, SCG has encouraged older people and retirees to share their skills in service to other older adults throughout our community. With every program, service, and special project, it is the volunteers who fulfill our mission and exemplify our values, with strong support from staff.

SCG staff ensures that program and service plans are in place, activities are publicized, participant/client concerns are addressed, supplies are ordered, volunteers are in place, and much more. But the front line services are done by our committed volunteers, with direction from our Volunteer Coordinators.

Volunteers who serve as Coordinators play a vital role in SCG. Collectively they lead hundreds of volunteers to accomplish the goals put forth. Each Coordinator holds a leadership position, scheduling meetings with committee members, recruiting volunteers, and communicating with staff. Coordinators often conduct the meetings, coordinate duties with committee members, and provide requested reporting information to staff on a monthly basis. All of this is done with extensive support from numerous volunteers.

As new trends in volunteerism emerge, WE NEED YOU more than ever! Planning is underway for the changes we are already seeing. We are working toward greater structure, with clear and concise volunteer job descriptions. We are also working toward more uniformity, with simple and consistent data reporting standards for each activity. In addition, we aim to create a structure of support for the Coordinators by recruiting Assistants who can fill in when these leaders take vacations or choose to pursue a new adventure. So if you've been waiting for a sign to determine if now is the right time for you to join our team of volunteers, either in a support or leadership role, consider this the sign!

### 2010 Volunteer Highlights

Shepherd's Wheels Drivers provided 749 rides in 2010, giving 1,564 hours of volunteer service.

The Handy Hands team performed an average of 7 minor home repair jobs each month.

Our Tax Counselors prepared taxes for 142 individuals, providing a total of 558 hours of service.

CarePartner volunteers, our partnership with Adult Center for Enrichment to provide respite care to caregivers, gave nearly 30 hours of care per month to grateful friends and family members.

SCG Office Volunteers manned the desks and phones for over 3,000 hours (**YES! That's the right number of zeroes!**) in 2010 to make sure all of the above, along with SCG's many other learning and fellowship opportunities, functioned to enrich the lives of older adults in our community.

These are all examples of the good work that the Shepherd's Center is known for. This happens because talented and caring people step up and say "YES" to the call to serve and support SCG's mission of helping older adults pursue independent and active lives of purpose.

## SCG Needs Your Help!



By Paula Barger

Do you like to drive and meet a variety of interesting people along the way while learning all about Greensboro? Consider becoming a **Shepherd's Wheels Driver**. Our riders depend on our volunteer drivers to take them grocery shopping, to the bank, post office, beauty salon and other necessary personal trips which allow them to maintain their independence. Rides are within the city limits of Greensboro and are limited to no more than 2 hours. This very rewarding volunteer opportunity offers great flexibility. Volunteer once a week, once a month or anywhere in between - whatever fits your schedule. Mileage reimbursement through RSVP is available.

Do you have a great bedside manner and compassion for families experiencing serious illness of a family member? Consider becoming a **CarePartner**. CarePartners provide caregivers an in-home break for a few hours each week to allow family members to re-energize or run errands. Just as important, CarePartners provide support, a sympathetic ear and friendship to family members and their loved ones who are ill.

Do you love golf? Are you creative and good at organizing events? Consider taking over as our next **Golf Committee Chairperson**. Not quite ready to be the chair? Consider becoming a **Golf Committee Member**. This event is SCG's largest and most visible fundraiser. By helping to fundraise for SCG, you're helping to keep our programs and services available and affordable. Contact Lia Miller, Executive Director at 336-378-0766 or [executivedirector@shepctr.org](mailto:executivedirector@shepctr.org) to find out more.



Would you like to help SCG stay better connected with its 38 sponsoring congregations? Consider fulfilling our newest position, **Newsletter Delivery Volunteer**. These volunteers assist with the delivery, receipt and distribution of SCG's quarterly newsletters at several Sponsoring Congregation facilities, fostering relationships and creating goodwill in the process. Mileage reimbursement through RSVP is available.

Do you miss working in an office? Do you want to help others in our community using your people and administrative skills? Consider becoming a **Shepherd's Center Office Volunteer**. You will become a valuable volunteer working a weekly three hour shift. This is a great opportunity to find out everything you ever wanted to know about SCG!

Please do consider using your gifts and talents in these much-needed and valuable services that rely so heavily on the service of Shepherd Center volunteers. Orientation and training are provided to all volunteers, many of whom say, "I get so much more out of volunteering with Shepherd's Center than I put into it!" We look forward to hearing from you soon!

### Other areas of need include:

**Handy Hands Volunteers and Office Schedule Coordinator (Work that can be done from home).**

Contact Paula Barger, Volunteer Manager at 336-378-0766 or [volunteermanager@shepctr.org](mailto:volunteermanager@shepctr.org) to volunteer TODAY!





**Wednesday, May 4**

**Bechtler Museum of Modern Art, Charlotte, NC**

**Cost: \$50.00**

The Bechtler Museum of Modern Art is dedicated to the celebration and analysis of midcentury modernism as reflected in the holdings of the Bechtler collection. The collection comprises art in various media by European and British artists such as Giacometti, Miro, Tinguely and Hepworth as well as American artists such as Calder, Tobey, Warhol and LeWitt. The museum was designed by renowned architect Mario Botta. Lunch at the Mimosa Grill.

✂

*Depart from First Lutheran Church parking lot at 9 am.*

Please complete a form for each person traveling. Submit with full payment to reserve your space. (Registration deadline is **April 15th** )

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Zip \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_ Relationship \_\_\_\_\_

Congregation \_\_\_\_\_

Please make check payable to Shepherd's Center and mail to 302 West Market Street, Room 103, Greensboro, NC 27401.



**Thursday, October 6, 2011**

**Wohlfahrt Haus Dinner Theatre, Wytheville, VA**

**Cost: \$62.00**

"Some people paint, some sew... I meddle," replies Dolly Levi. We join Dolly who has been hired to arrange the marriage of the well-known "half-a-millionaire" Horace Vandergelder. Then we're off on a whirlwind adventure around New York City at the turn of the century with America's most beloved matchmaker. "Hello Dolly" is full of memorable songs including Ribbons Down My Back, Before the Parade Passes By, Elegance, Hello, Dolly! and It only Takes a Moment.

✂

*Depart from First Lutheran Church parking lot at 9:30 am.*

Please complete a form for each person traveling. Submit with full payment to reserve your space. (Registration deadline is **September 16th.**)

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Zip \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_ Relationship \_\_\_\_\_

Congregation \_\_\_\_\_

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## ShepNet Computer Classes



Computer classes (using a Windows operating system) for persons age 50+ are taught by Shepherd's Center peer volunteers. They are offered monthly in the ShepNet Computer Center for Seniors provided by Friends Homes at 925A New Garden Road.

Classes meet twice weekly (Monday/Wednesday or Tuesday/Thursday) in the morning (9:00 – 11:30) or afternoon (1:30 – 4:00); some related activities are scheduled on Friday mornings but not on weekends or evenings. Course fees are \$35 for 6-8 session classes; \$15 for short courses. This form is to add your name to a waitlist.

If you want to take a course within the next three months, complete the waitlist form below selecting no more than three topics. Note if you have time limitations (e.g., no mornings or MW only). Do not send any money until you are enrolled. You will be contacted by phone when we reach your name. The course fee is assessed at the time of your enrollment in an available class. Send request to: **Shepherd's Center of Greensboro, 302 West Market St, Room 103, Greensboro, NC 27401.**

Name(s) \_\_\_\_\_ Phone number \_\_\_\_\_

Address \_\_\_\_\_ Zipcode \_\_\_\_\_

Do you have a computer? \_\_\_\_\_ What Windows version do you use? \_\_XP \_\_Vista \_\_Win7  
 (Note: regular access to a PC computer – perhaps at a library -is required for all courses)

### **BASIC COMPUTER TOOLS** -- 3 sessions

*Mouse and keyboard usage – course optional but these skills are required for all other classes.*

### **DEVELOPING YOUR COMPUTER SKILLS** – 6 sessions Version: \_\_XP \_\_Win7/Vista

*Computer applications including word processing, basic file management, simple internet, email.*

### **DATABASES and SPREADSHEETS** – 3 sessions

*A brief introduction to two popular computer software programs after completing the above course.*

### **INTERNET AND E-MAIL MANAGEMENT** – 6 sessions

*In-depth exploration of internet browsing and email options with emphasis on security.*

*Requires proficiency in appropriate Developing Your Skills course as well as Internet access.*

### **WORD PROCESSING** – 8 sessions

*Prepare correspondence, documents, and other text materials with Word 2007. Requires mastery of computer skills and expectation to practice between class sessions.*

### **MANAGING YOUR COMPUTER SYSTEM** – 8 sessions Version: \_\_XP \_\_Win7/Vista

*Become more proficient in using your operating system. Manage your desktop, files and folders, menus and settings. This course is a prerequisite for the following two courses.*

### **PICASA PHOTO EDITING** – 3 sessions

*Learn the basics with a free software program. Managing Your Computer System is prerequisite.*

### **PHOTO EDITING with PHOTOSHOP ELEMENTS** – 8 sessions

*Use a complete editing program to improve, restore, enhance, and manipulate images. Requires previous completion of Managing Your Computer System and the Picasa short course.*

For more detailed information about classes, home tutoring for housebound seniors, assistive technology for users with motor or visual limitation, or to volunteer with this program, contact Coordinator Jean Eason at 299-0993. See [www.greensboroshepNet.org](http://www.greensboroshepNet.org) for more information about special activities.

## Sponsoring Congregations' Older Adult Ministries

We are currently in the process of creating an online calendar listing many of the wonderful activities available for older adults provided by our Sponsoring Congregations. A list of our Sponsors can be found on the back page of this newsletter and on our website at [www.shepctrj.org](http://www.shepctrj.org). Just click on the "Sponsors" link in the green menu bar under the banner of our home page to learn more.

## Thank You For Your Gifts!

### Annual Fund

*November 6 - February 28*

Doris Armenaki  
Bobby Bain  
Ed Bauman  
Emilio Bontempo  
John & Mary Broome  
David & Suejette Brown  
Mazie Bullard  
Suresh & Jane Chandra  
Mr. and Mrs. Walter Cockerham  
Larry & Sally Conterno  
Horace Copeland  
Dr. Dan Cregar, Jr.  
Jerry & Marion Dintenfass  
Kathryn Eskey  
Gail Gassen  
Sarah Gorrell  
**Marie Hall**  
Elizabeth Hilliard  
Fred & Ruth Ann Horner  
Hanes-Lineberry Funeral Home  
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Fay B. Hunsucker  
Mr. & Mrs. T. Hoke Huss  
William Johnson  
Dr. & Mrs. John M. Kilimanjaro  
Mr. & Mrs. Hal Koger  
Bill Latture  
Cliff Lowery  
Jim & Fray Metcalfe  
Dr. & Mrs. Joseph B. Mullin  
Norma & Wayne Nall  
Tim & Crystal Nickell  
Janet Plummer  
Garson & Cathy Rice, Jr.

Dr. & Mrs. William Rogers  
Ann Saslow  
Herbert W. Strader  
Allen Trelease  
Judith Wingo  
Drs. Earle & Lynette Wrenn  
Mr. & Mrs. Tom Wright  
Angie Zabel

### Individual Contributions

*November 6 - February 28*

Judith Abraham  
John & Virginia Achey  
Peter Adams  
Mr. & Mrs. Darrell Allred  
Helen Mae Allred  
Joan Anderson  
Dea Aune  
Samuel Baxter, Jr.  
Charles Baldwin  
Eileen Beals  
Richard & Doris Bernhardt  
Robert Bateman  
Bettye McCain  
Charles Biscoe  
Cheryl Bowman  
Paul Brady  
Martha Brewer  
Sue Brim  
Ouida Brown  
Bettye Jo Brumback  
James Bullock  
Walter Burch  
Sonia Callejas  
Carol Campbell  
William & Margaret Case  
Jean Caudle  
Josephine Chisholm  
The AIL Woodcarving Class  
Patricia Cochran

Anza & Jack Cole  
Sue Cole  
Irene Collins  
Horace Copeland  
Nancy Cox  
Pauline Cramer  
Vince & Arlene Crane  
William Cromartie  
Delois Curtis  
Thurmon & Mattie Deloney  
Mr. & Mrs. Jerome Dintenfass  
Ruth Doggett  
Paula Downer  
Mary Ellen Earp  
Mary Elmore  
Sherri Forrester  
Robert Fuller  
Kenneth Gardner  
J.R. Gaskin  
Nancy Gates  
T.A. & Hallie Gibbs  
Nancy Glenz  
Martha Golensky  
Sarah Gorham  
Eleanore Gould  
Seena Granowsky  
Joseph Gruendler  
Charlotte Hamlin  
Doris Hansen  
Judy Harris  
Cyril & Judith Harvey  
Geraldene Hatcher  
Edna Hicks  
Judy Hoag  
Cecil Hurley  
Sue Ivey  
Mary Ann Johnson  
George Jordan  
Marion King  
Phillip & Anne Koch

John Kortheuer  
 Jacquie Lang  
 Jane & Bill Law  
 William Linton  
 Lillian Lovings  
 Helen Lowry  
 Noreen Malone  
 Leah Marino  
 Mary Louise Maupin  
 Ed & Carole Maynard  
 Betty McLatchy  
 Lorene Michael  
 Bertha Miller  
 Virginia Mohorn  
 Ellen Muratori  
 Robin Nicholas  
 Marjory Niegelsky  
 William Oncea  
 Caroline Alice Panzer  
 Priscilla Perrin  
 Marvin Pinson  
 Janet Plummer  
 Judith Provo  
 Billy H. & Laura M. Roberts  
 Shirley Rothrock  
 Ann Schwabeland  
 Phyllis Shavitz  
 George Shoffner  
 J. Randall Simpson  
 James Stinson  
 Mary Lou Strohl  
 Ron & Sharon Sural  
 Sara Sutton  
 Emelie Thomas  
 D.C. & Shirley Thompson  
 Candy Thore  
 Marta Tornero  
 Donna Torrico  
 Allen Trelease  
 Margaret Wagoner  
 Jim Weikel  
 Dr. & Mrs. Eugene Weisberger  
 Barbara Welch  
 Gordon Wells  
 Richard Wharton  
 Martha Whicker  
 Carol & Tom Wood  
 Norman & Jean Wren  
 W. O. Younger, Jr.

**In Memory Of:**

*November 6 - February 28*

**Dr. Laura Anderton**

Mr. & Mrs. Forrest Campbell

**Bill Craft**

Merle C. Frazier

Kenneth Garner

Jim Weikel

**A.G. Johnson**

Paula Johnson

**Muriel Martinek**

Kathleen Martinek

**Celia Wenig**

Mr. & Mrs. Forrest Campbell

**In Honor of:**

*November 6 - February 28*

**Jim & Betty Allen**

Helen & Van Shaw

**Nancy Bowers**

Katharine Bohrer

**Jean Eason**

Mary Jellicorse

**Gay Fischer**

Mike & Ellie Dawkins

**Joe Kent**

Sue Marsh

**Elizabeth Murray**

T.A. & Hallie Gibbs

**Rita Reilly**

Phyllis Hooks

**Velma Speight-Buford**

Frank & Lisa Moore

**Gordon Washington**

George D. Robinson, III

**Jim Weikel**

Peggy Ware

**Charles & Mary Routh**

**Endowment Fund**

*November 6 - February 28*

Doris Armenaki

Ellie Schlentz

*(In honor of Glenn Grayson)*

Carol Campbell

Charlie Chappell

Kathryn R. Eskey

Cythia Fields

Ruth G. Fulp

Margaret Griffin

Libby & Bob Haynes

Barbara M. Hunter

*(In memory of Bill Craft)*

Mary Ruth Johnson

M.D. & Joy Kenny

Margery Lane

Bill & Louise Latture

Mary & Robert Lysiak

Mary Lou Merrell

Tina Bell Midgett

Bruce A. Neal

Marlene A. Nielsen

Laura H. Perdue

Margaret Reeve

*(In honor of Charlie Routh)*

Hans & Ellen Roethling

Karlynn Shankland

Colin M. Snyder

Marian K. Solleder

Jean Tillman

Charles A. Ward

We apologize for an error in our last newsletter. Ruby Worley's contribution to the Routh Fund was in honor of Charlie Routh.

*Contributions received after Feb. 28th will appear in the Summer issue of the Newsletter.*

Shepherd's Center of Greensboro  
302 West Market Street, Room 103  
Greensboro, NC 27401

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Church of Christ  
Faith Presbyterian Church  
First Baptist Church  
First Christian Church  
Disciples of Christ  
First Friends Meeting  
First Lutheran Church  
First Presbyterian Church  
Friendly Avenue Baptist Church  
Grace UMC  
Guilford College UMC  
Guilford Park  
Presbyterian Church  
Holy Trinity Episcopal Church  
Irving Park UMC  
Mt. Pisgah UMC  
Muir's Chapel UMC  
New Garden Friends Meeting  
Presbyterian Church  
of the Covenant  
Providence Baptist Church  
Shiloh Baptist Church  
Starmount Presbyterian Church

St. Andrews Episcopal Church  
St. James Presbyterian Church  
St. John's UMC  
St. Matthews UMC  
St. Paul Presbyterian Church  
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Westover Church

**ASSOCIATE SPONSORS:**

Crescent Rotary Club  
Gate City Kiwanis Club  
Greensboro Lions Club  
Julian Lions Club  
Pilot Club of Greensboro

Please report any errors in your name or address above by calling 336-378-0766 or email [info@shepctr.org](mailto:info@shepctr.org).

**DATES TO REMEMBER:**

Table Games . . . . . Monday, April 4  
Faces of Aging . . . . . Monday, April 11  
**Board Meeting . . . . . Tuesday, April 12**  
Adventures in Learning begins. . . . Thursday, April 28  
Table Games . . . . . Monday, May 2  
Faces of Aging . . . . . Monday, May 9  
**Board Meeting . . . . . Tuesday, May 10**  
Table Games . . . . . Monday, June 6  
Faces of Aging . . . . . Monday, June 13  
**Board Meeting . . . . . Tuesday, June 14**

*Would you like to learn how you can further the mission of Shepherd's Center of Greensboro for many years to come? Contact Lia Miller at 336-378-0766 or [executivedirector@shepctr.org](mailto:executivedirector@shepctr.org).*