

Shepherd's Center News

Older adults helping older adults pursue independent and active lives of quality, enriched and supported by learning and service activities in caring fellowship.



Fall Issue

August 2007

Celebrating 20 Years!

In 1987, The Shepherd's Center of Greensboro (SCG) was an idea in the mind of Dr. Harley Dickson, pastor of West Market Street United Methodist Church (WMUMC). Congregation members Jim Weikel and Farish Cochran took on the challenge and soon thereafter, hired Jean Eason as the first executive director. With the forethought and guidance of these dedicated individuals, SCG has blossomed to include sponsorship by 35 local churches and synagogues with more than 1500 volunteers.

The Shepherd's Center is eternally grateful for the generosity of WMUMC who has provided office space at no charge since its inception. WMUMC has also extended their generosity by partnering with Shepherd's Center and providing space for our **20th Annual Celebration** on Tuesday, September 25th from 9am-3pm.

Featured speakers include Rev. Dr. Elbert Cole, founder of the original Shepherd's Center in Kansas City in 1972 and Nader Robert Shabahangi, Ph.D., founder of the Pacific Institute and AgeSong in California as well as author of the book

"Faces of Aging." (See yellow insert for registration information.)

Over the past 20 years, SCG has worked as an interfaith coalition encouraging community collaborations to engage and sustain active and homebound older people who desire to live independently. Opportunities continue to expand for older persons 60+ as well as retirees to use their experience, skills, values and gifts in significant roles in society.

Any senior has the privilege and responsibility to consider the design of a new program or service. From leadership to specific hands-on service, from office administration to direct care, from educational instruction to newsletter mailing...there is something through which any senior may find personal satisfaction, social engagement, educational and spiritual lifelong learning. The opportunities for giving and receiving are limitless.

As the new Executive Director, I am proud to be part of such an extraordinary and supportive organization with such a rich history. I look forward to collaborating with the board, staff and numerous senior volunteers to help shape the next 20 years.

By Lia Miller

Shepherd's Center of Greensboro - 302 West Market Street, Room 103 - Greensboro, NC 27401
Tel: (336) 378-0766 - Fax: (336) 370-4772 - e-mail: shepctr@bellsouth.net - Webpage: shepctr.org



September 20th, 2007

Wohlfahrt Haus Dinner Theatre, Wytheville, VA

Cost - \$52

“Annie Get Your Gun” is the winner of multiple Tony & Golden Globe Awards and the greatest Box Office triumph of Irving Berlin’s Broadway career. This story revolves around Annie Oakley, a rough and tumble backwoods girl with a knack for shooting guns. Persuaded to join Buffalo Bill's traveling Wild West Show, she soon falls hopelessly in love with Frank Butler, the show's featured shooting ace. But when Annie eclipses Frank as the show's main attraction, she realizes she'll have to make some hard choices if she wants to win the man she loves.

Depart First Lutheran Church parking lot, 3600 W. Friendly Ave., at 9:00am

December 4th, 2007

Speedway Club & Mint Museum, Charlotte, NC

Cost - \$52

The Speedway Club opened in 1987 and has grown into one of the largest private clubs of its type in the nation. Located high above Lowe’s Motor Speedway, the dining room offers the area’s finest cuisine in a luxurious atmosphere. Enjoy a delicious lunch at the elegant club followed by a visit to the Mint Museum. The “**Contemporary, Cool, and Collected**” exhibit will provide viewers rare access to exceptional work by artists who have been sought by influential collectors. Teamed with these collectors will be works of emerging collectors, proving that the state has a vibrant and growing collecting community.

Depart from First Lutheran Church parking lot, 3600 W. Friendly Ave., at 10:00

Please check the box below to indicate which trip you plan to attend. Mark both boxes if you plan to attend both trips. Please complete a form for each person traveling and submit with full payment to reserve your space.

- Enclosed is my check for \$52 for the trip on Sept. 20th to Wytheville, VA.
(Registration deadline is Sept. 3rd)
- Enclosed is my check for \$52 for the trip on Dec. 4th to Charlotte, NC
(Registration deadline is Nov. 2nd)

Name _____ Phone _____

Address _____ Zip _____

Emergency Contact _____ Phone _____ Relationship _____

Please make check payable and mail to Shepherd's Center, 302 West Market Street, Room 103, Greensboro, NC 27401

Shepherd's Center Programs & Services

For more information call 336-378-0766.

Adventures in Learning-a six week series of life enrichment classes every winter, fall and spring. See green insert for details about upcoming classes.

CarePartners-in partnership with Adult Center for Enrichment, volunteers provide in-home respite, education, and support for caregivers. For more information contact Anita Brock-Carter at 336-374-3559.

DVD-VCR Tutor-receive assistance using your DVD or VCR.

Home Handyman-minor in-home repairs such as rewiring lamps and small appliances, door/window locks, toilet tanks, minor leaks, hang pictures, install/test smoke alarms.

OhterWISE-provide local travel opportunities quarterly through volunteer leadership. See page 5 for upcoming trip information.

SeniorNet-see page 5 for more information about this program or call coordinator Jean Eason at 336-299-0993.

Shepherd's Travelers-provide travel opportunities, through volunteer leadership, in day trips and events regionally. See page 2 for upcoming trip information.

Shepherd's Wheels-Non-medical transportation provided by volunteers for one appointment per week to grocery shop, attend hair appointments, etc. Requests must be made 3 days in advance by calling the Shepherd's Center Office at 336-378-0766. *Shepherd's Center of Greensboro is seeking additional drivers to meet the increased number of requests. If interested please complete and mail the Volunteer Information Form on page 4 or call 378-0766.*

Tax Counselors-free income tax assistance by trained tax counselors in partnership with IRS and AARP, annually February -April 15th.

Triad Elderhostel Alumni-in partnership with Elderhostel, Inc. to provide quarterly educational opportunities for seniors age 55+ interested or previously engaged in Elderhostel travel/study initiatives coordinated by local volunteers. ***Open House Program, October 3rd, 9am-12 noon, Christ United Methodist Church, Fellowship Center, 410 N. Holden Road.*** For more information contact coordinators Wilma Bates at 336-632-8983 (wbates@triad.rr.com) or Judie Wright at 336-854-9386 (jw62086@triad.rr.com).

SHARING GIFTS OF THE HEART

Volunteer Information Form

Shepherd's Center of Greensboro exists only because persons age sixty and over volunteer their time and resources so that they and all older adults may pursue meaningful and independent lives. If you would enjoy being a volunteer, please tell us about yourself by completing this form. THANK YOU !

NAME: _____ TODAY'S DATE: _____

ADDRESS: _____ ZIP _____

TELEPHONE: _____ EMAIL: _____

BIRTHDATE: _____ CONGREGATION: _____
(optional)

How many hours can you give in volunteer services? Daily ____ Weekly ____ Monthly ____

Please check the areas which interest you.

Committee Participation:

- Annual Celebration
- Computer Learning Center
- Golf Tournament
- Fundraising Events
- Life Enrichment Programs
- Service Activities
- Sponsors' Council
- Trips

Adventures in Learning:

- Class Instructor/Convener and Topic: _____
- Coordinators
- Lunch Tickets
- Registration Table
- Table Setup

Other Opportunities:

- CarePartners
- Computer data entry
- Drivers for Shepherd's Wheels
- Home Handyman
- Hospitality—Food and Beverage
- Newsletter (typing or mailing)
- Office Helper
- Photographer
- Speakers Bureau
- Other (please list) _____

If you have moved.....

Please fill out the top section of this page with your new address and check the box below. Mail to Shepherd's Center, 302 West Market Street, Room 103, Greensboro, NC 27401.

New address above

SeniorNet

The Shepherd's Center is searching for a new home for the Greensboro SeniorNet classrooms. Our sub-lease at the BellSouth building on Pineroft Road has come to an end as the new AT&T properties are being reorganized.

All of our equipment, furniture, and supplies are being placed in safe storage until we locate another site for our very popular SeniorNet program. We currently have more than 250 requests on our waitlist for the nine courses that we offer and these potential students will be contacted as soon as we can begin classes again.

Shepherd's Center Trustees and volunteers are currently searching for a partner to provide 800-1200 square feet of dedicated space for SeniorNet classes. The space needs to be secure, climate-controlled, accessible to older persons including those with disabilities, centrally located, with assured nearby parking for 15-25 cars. We need guaranteed occupancy for at least a year or more.

We believe tax credits to the owner for such a contribution are likely, and that perhaps more significant are the public relations benefits of a partnership for this highly popular service project of the Shepherd's Center. Our volunteers are open to discussing some reciprocal or extended service to benefit others in the community in addition to the adults age 50+ that we have been serving.

We are grateful for seven years of BellSouth's welcome and generous contribution which has allowed us to help about 3000 persons age 50+ become "computer literate". Their new skills benefit not only themselves and their friends and families, but are also being used in many community settings, both volunteer and employment-related.



OtherWISE

for those who prefer to travel in town...

Tuesday, November 13

Natural Science Center

4301 N. Lawndale Drive

Celebrating 50 Years in the Triad!

Group rate (10 or more) \$5.50 per person

Meet at 10am and discover Earth's masterpieces in the Gem and Mineral Gallery. Roam through the Dinosaur Gallery and come face-to-face with a 36 foot Tyrannosaurus rex model. Visit live snakes, amphibians and sea creatures. Wander through Animal Discovery, the brand new outdoor zoological park, and come face to face with tigers, gibbons, wallabies, lemurs, howler monkeys and many, many others!

Triad Elderhostel

Open House Program

October 3rd, 9am-12 noon

Christ United Methodist Church

Fellowship Center

410 N. Holden Road

This meeting is open to Elderhostel Alumni or interested persons 55+. Coordinators will show visitors how to navigate the Elderhostel website and inform them about travel opportunities. Prior travelers will share stories and photos. Light refreshments will be provided.

For more information contact Wilma Bates at 336-632-8983 wbates@triad.rr.com or Judie Wright at 336-854-9386 jw62086@triad.rr.com.

Sponsoring Congregations Older Adult Ministries

Congregation	Programs	Time/Date	Contact
Temple Emanuel	Friendship Circle	1st & 3rd Thurs 12:00 Noon for lunch and program	Ann Gottman 292-7899
Mt. Pisgah United Methodist Church	JOY—Just Older Youth XYZ's	55+ travel quarterly and other activities 55+ 3rd Sat. 6:00 pm	Ed Allred 288-3321
First Christian (Disciples of Christ)	No organized group; Senior SS class; Caring Friends		273-4725
Starmount Presbyterian Church	Care Circle; Stephen Ministry; Church Visitors		299-8131
West Market Street United Methodist Church	Older Adult Ministry Council Time Out—trips & events Friendship Club; Sewing Group Knitting Group; Walking Club Home Bible Study; singing for nursing homes Heritage Sunday & Lunch Worship/Communion-homebound	Mondays monthly Wednesday am Fall & Lent 4th Sun. April	Charles & Mary Belle Gilbert Bill Ellison 275-4587
Christ United Methodist Church	Prime Timers—varied programs with dinner; Daytimers—55+ travel	3rd Tues monthly 6pm 4th Tues monthly 11:30	Anne Dooley 299-1571, Ext. 106
College Park Baptist Church	Forever 39—covered dish lunch	Last Friday monthly	D. Thompson 299-4800
College Place United Methodist Church			Laura Walters 274-3363
Westminster Presbyterian Church	Joy Group Lunch in Fellowship Hall	4th Tues noon	Janet Daw 282-8799
Faith Presbyterian Church	Chair Exercise Senior Play Day	10:15 Tuesdays 12:00 noon Thursdays	292-5704
St. John's United Methodist Church	Prime Timers lunch and fellowship	2nd Tuesday monthly	299-3866
First Presbyterian Church	Friendship Day— program/lunch Exercise, devotional, bridge, bingo, craft table Program is free. Lunch \$5.	Thursdays 10:00-noon	Russell Sherrill 478-4706 r.sherrill@ firstpresgos.org
Holy Trinity Episcopal	TWIGS-weekly Bible Study	Wed. 4:00 pm	272-6149
Centenary United Methodist Church	Friendship Club—bridge, lunch and program; trips	2nd Tues monthly 10:00 am	Betty Chambers 288-6323
Guilford College United Methodist Church	65+; Senior Prom; Luncheon with program; day trips	Sept-May, 4th Wed	Gay Fischer 292-7832
Beth David Synagogue	Vatikim-light lunch provided	Tues 11:45-1:00	Naomi Kaplan 294-0007

Did you miss your congregation on this list? Please submit your information by calling 378-0766.

Thank You for your Gifts!

Your donations help ensure continuation of services and programs for and with Greensboro's older adults.

Individual Contributions

beginning May 15, 2007

Doris Anderson
Joan Bernard
Gloria E. Bolling
Horace W. Copeland
Ann Hardon
Floscelia Jordan
Sophie Ladnuik

Jack & Rhe Markham
Bill Morrow
Maggie Nichols
Elinor J. Smith

In Memory Of:

beginning May 15, 2007

Walter Knapp

D. Jean Eason

Jeta Pace

Mary Guy Boyd
Christel Bullock
D. Jean & Bob Eason
Bailey & Betty Hobgood
Janet Plummer
Helen D. Wolff
Brinton & Barbara Wright

In Honor Of:

beginning May 15, 2007

Earnest Lee

Janet Plummer

Katherine Poole

Jim Weikel

Charles Routh

W. Russell Atkinson

Contributions for the Annual Fund Drive and those received in the office after August 6th will appear in the December newsletter.



In memory of Ann Kernodle Umstead

On August 3rd, the Shepherd's Center of Greensboro's Board of Trustees acknowledged the valued service of Ann Umstead by dedicating a memorial in her honor. Ann served as executive director for six years, until her death in 2006. The prayer of dedication was given by the Reverend Doctor David S. Melton. The memorial is a beautiful sitting area outside of the Shepherd's Center office. This area is now brightened with beautiful furniture and artwork. "Her presence lights a dark corner just as she did in life," said Judy Beaver, Director of Programs and Services. Calligraphy by Betsy Holder enhances the dedication from the Board.

Also in memory of Ann is this year's 17th Annual Golf Tournament scheduled for September 24th at Forest Oaks Country Club.

Through the years, Ann served as a significant advocate for older adults in a number of organizations statewide. She touched the lives of all who knew her. Ann's positive outlook, her love, her guidance, her strength and her courage will not be forgotten.

Shepherd's Center of Greensboro
302 West Market Street, Room 103
Greensboro, NC 27401

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DATES TO REMEMBER:

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| Board Meeting | Friday, September 7 |
| Sponsor's Council | Friday, September 14 |
| Annual Golf Tournament | Monday, September 24 |
| Annual Celebration | Tuesday, September 25 |
| Shepherd's Travelers to Wytheville, VA | Thursday, September 20 |
| Triad Elderhostel Alumni | Wednesday, October 3 |
| Adventures in Learning | Thursdays, October 4-November 8 |
| Shepherd's Travelers to Charlotte, NC | Tuesday, December 4 |