

ADVENTURES IN LEARNING

January 12, 19, 26, February 2, 9, 16, 2012

(snow date Feb. 23)

Christ United Methodist Church

410 North Holden Road

Welcome!

ADVENTURES IN LEARNING offers enrichment and fellowship opportunities for all Greensboro area men and women age 60+. There are **22** classes from which you can create your own schedule. All variations are welcome. At midday, there is a quiet period of inspiration and meditation led by volunteers. A Forum and announcements of general interest, along with social and fellowship activities, make midday a special time. **Prepaid Lunch**, at a **cost of \$7.00** is served in the Fellowship Hall beginning around noon. Or, bring a sack lunch and join any table.

IMPORTANT NOTE: All lunch reservations must be "PREPAID" by 3:00 p.m. the Monday prior to each Thursday session. Therefore, if you must cancel, call by that time each week. Shepherd's Center is responsible for paying a minimum amount based on the number of lunches reserved, even if fewer lunches are served. If you prepay for lunch and fail to cancel by Monday at 3:00 p.m., there will be no refund.

REGISTRATION FORM: Winter 2012 Adventures in Learning

Name (s) _____ Phone _____

Address _____ Zip _____

Church/Synagogue _____

Emergency Contact _____ Phone _____ Relationship _____

Please use initials if registering more than one person:

9:30 - 10:30 a.m.

___ Woodcarving

___ Quilting

___ Art Electric

___ Storytelling

___ Metropolitan Opera

___ Financial Planning

___ Int'l Conflict Resolution

___ Current Economic Issues

10:45 - 11:45 a.m.

___ Woodcarving cont.

___ Quilting cont.

___ Art Electric cont.

___ Knitting I

___ Beginners Guide to Birds

___ Calligraphy

___ Write from Life

___ Contemporary Poetry

___ Understanding & Recording Our Life Histories

1:30 - 2:30 p.m.

___ Understanding China

___ Knitting II

___ Arab Spring Revisited

___ What's Up with That?

___ Genealogy

___ Full Spectrum Yoga

___ The Senior Law School

___ Tools & Techniques

Non-Refundable Registration fee, WINTER 2012 TERM

\$ 25.00 per person

(ALL REGISTRATIONS received after the DEADLINE will be \$35.00 per person)

Lunch Reservation, January 12th only— \$7.00 or

\$ _____

All six luncheons—\$ 42.00

\$ _____

Contribution (*Optional*)

\$ _____

Or volunteer your time

TOTAL

\$ _____

Is this your first time attending Adventures in Learning? _____ Yes _____ No

MAIL NO LATER THAN: January 10, 2012 (\$10.00 Late charge will be assessed after this date!)

Send to Shepherd's Center of Greensboro, 302 West Market Street, Room 103, Greensboro, NC 27401

9:30—10:30 a.m. Classes

WOODCARVING: Fundamentals of carving will be demonstrated and practiced. Blanks will be available at about \$1.00 each. Bring a carving knife, if you have one.

2-hr class limited to 12

Norman Coble, Instructor

STRESS FREE QUILTING: Sew accurate blocks on your very first try! Learn quick piecing techniques, sew large chunks of fabric together, then slice off sections to create pre-sewn units. Learn the basics to create a quick pieced version of just about any quilt block you see.

2-hr class limited to 12

Paula Becker, Instructor

ART ELECTRIC: Painters in any medium are welcomed to come and create independently in the company of other artists. No formal instruction just encouraging comments by peers. You will provide your own materials; however if you want to try something new (watercolor, acrylic or oils) the instructor can help.

2-hr class limited to 20

Jan Burgess, Instructor

WANT TO BE A STORYTELLER?: Intended for people seeking to learn storytelling techniques for individual or group sharing. Will concentrate on (1) where to FIND engaging stories, (2) how to LEARN them, and (3) how to PERFORM them in creative ways that entertain. No prior experience with public speaking or performing necessary.

Charlotte "Webspinner" Hamlin & Carolyn Schuetz, Instructors

THE METROPOLITAN OPERA IN HD: This course will consist of an introduction to the last five operas that will be presented in the current season.

Richard Cox, Instructor

FINANCIAL PLANNING: Discuss a variety of individual financial issues, including "Having Adequate Income Sources During Retirement, Investment Planning, Insurance/Risk Management, Estate Planning." The final class will cover individual concerns and discussion of specific cases.

Triad Financial Advisors, Inc., Facilitators

INTERNATIONAL CONFLICT RESOLUTION: This course will present basic understandings of the philosophy and practice of international conflict resolution/transformation with a focus on the difference between "positive" and "negative" peace.

Max Carter, Amal Khoury & Jeremy Rinker, Instructors

CURRENT ECONOMIC ISSUES: Discussions will focus on issues including: appropriate fiscal and monetary policies, employment and taxation policies, the budget deficit and national debt, income disparity, Euro-zone debt problems, and solvency in Social Security and Medicare.

Mike Stoller, Instructor

10:45-11:45 a.m. Classes

KNITTING I: The fundamentals of knitting will be demonstrated and practiced. Supplies for the first class will be provided. A variety of projects will be presented so wait before purchasing supplies.

Class limited to 6 people

Barbara Walters, Instructor

BEGINNERS GUIDE TO BIRDS: This is Birding 101 for people who would like to know more about these beautiful and fascinating creatures. Using photographs of birds in nature, we will focus on the different aspects of enjoying them with such topics as the basics of birds, attracting birds to our yards and gardens and identifying the common birds around us.

Dennis Burnette, Instructor

CALLIGRAPHY: This course is an introduction to the italic style of calligraphy, the art of beautiful writing. Calligraphy can be used for invitations, poems, certificates, etc. \$5.00 fee for supplies.

Class limited to 12 people

Betsy Holder, Instructor

WRITE FROM LIFE: Learn to write compelling stories about the events, places and people you remember. The instructor will provide ample inspiration along with writing, editing and organizing tips. Some class time will be allotted for participants to read in class. During the final session, memory slideshows and oral histories will be discussed.

Class limited to 20

Sandra Redding, Instructor

CONTEMPORARY POETRY: Reading, Writing, Discussion: A study of contemporary poetry, with the emphasis on accessibility. Instructor will draw on his own work and the work of others. Class members may read and discuss their own poems. New material has been added, so this class is appropriate for those who have taken it previously, as well as those who have not.

Class limited to 20

Bob Demaree, Instructor

UNDERSTANDING and RECORDING OUR PERSONAL LIFE HISTORIES: We will draw on personal memories of our life stories, materials from developmental psychology and personality theories, music poetry, religion and art to help in the task of meaning-making.

Dr. William "Bill" Rogers, Instructor

1:30—2:30 p.m. Classes

UNDERSTANDING CONTEMPORARY CHINA: American media is filled with daily news about the People's Republic of China: its miraculous economic growth, the effects of US-China trade, relations on our economy, and the suppression of political and religious dissidents. This course is designed to provide a fuller and more nuanced understanding of what is going on in China today.

Dorothy V. Borei, Instructor

KNITTING II: The fundamentals of knitting will be demonstrated and practiced. Supplies for the first class will be provided. A variety of projects will be presented so wait before purchasing supplies.

Class limited to 6

Barbara Walters, Instructor

THE ARAB SPRING REVISITED: Last year we looked at the Revolutionary Movements in the Middle East as they were unfolding. We had many questions, few if any answers. Now it seems appropriate to revisit this exciting and troubled area in an effort to begin to assess changes.

Ann Saab, Instructor

WHAT'S UP WITH THAT? A whimsical tour through the animal kingdom to examine why animals do some of the things that they do. We will look at all kinds of animals, from cats to lions, puppies to wolves, maybe even bees or cacomistles.

Jayne Owen Parker, Instructor

GENEALOGY: The class will consist of instruction on how to research your family tree, using the various State and County resources and the internet.

Tim Spradling, Instructor

FULL SPECTRUM YOGA: Whether you're seeking a little stress relief or answers to life's Big Questions, yoga has it all. This class will touch on many facets of this multi-pronged discipline, from philosophy to breath work, with primary emphasis on gentle hatha (physical exercises) on your yoga mat or in a chair-your choice.

Phoenix Harmony Putney, Instructor

THE SENIOR LAW SCHOOL: Critical legal, health and financial concerns that Seniors face will be addressed. Learn how to plan for long-term care if needed while protecting yourself, your family, the healthy spouse, your home and your savings.

Dennis Toman, Instructor

TOOLS & TECHNIQUES FOR MINOR HOME REPAIRS & PROJECTS: Would you like to learn how to handle minor plumbing projects, do regular and creative painting, install a motion sensor light, rewire a lamp and do other things to save money, and create a more beautiful and convenient home? Then this course is for you.

Jeff Ray & Specialists from Lowe's Home Improvements

Forum Speakers

January 12
Andrew Broad
Economy Update

February 2
Mike Aiken
Urban Ministry

January 19
Ned Cline

February 9
ACE

January 26
Writers Group of the Triad

February 16
Mayor Robbie Perkins
Greensboro Jobs Report

***** Please remember that all Shepherd's Center activities are canceled when Guilford County Schools are closed for inclement weather. If the schools are delayed, Shepherd's Center will operate on its regular schedule. Watch WFMY Channel 2 for information about closing. *****

Who's Who?

Lia Miller - Executive Director, Director of Administration and Development

Paula Barger -Volunteer Manager

Vickie Williamson - AIL Program Manager

Bill Linton, President, Board of Trustees, which plans and sets policies.

Jim Weikel - Founding President of Shepherd's Center of Greensboro and Trustee Emeritus

Richard Swanson - Coordinator of the Adventures in Learning Steering Committee

Bill Ball - Shepherd's Center Treasurer

Winter 2012 Instructors:

Paula Becker has been quilting for over 10 years and is retired from Jewish Family Services.

Dorothy V. Borei, Ph.D. is a retired professor from Guilford College where she taught Chinese and Japanese history for almost three decades. For the past two years she has lectured for Smithsonian Institution tour groups traveling to China.

Jan Burgess has studied painting in watercolor, acrylic and oils, but does not claim mastery of any medium. She wants a set time and place to work with people.

Dennis Burnette is a retired professor, a serious amateur nature photographer and an environmental educator with a special interest in teaching adults. He frequently presents programs and leads field trips for garden clubs, scouts, church groups and nature organizations.

Max Carter is the Director of the Friends Center at Guilford College. He leads annual work/study trips to Israel and Palestine to support peace work in that region.

Norman Coble is an experienced woodcarver and has taught classes previously at Adventures in Learning.

Richard Cox is a retired Professor of Music from UNCG. Until 1966, he was responsible for the chorus preparation for the Greensboro Opera Company.

Bob Demaree is the author of four collections of poems, including *Mileposts* (2009). He retired from Greensboro Day School after 42 years in independent education.

Charlotte F. Hamlin retired from Guilford College in 2001. She developed her part-time career as a professional storyteller and is actively involved in the NC Storytelling Guild and is the current President of the Board of NC Storyfest in Greensboro.

Phoenix Harmony-Putney, CYT has been practicing yoga and mediation for over 20 years. She began teaching both these life-changing disciplines years before getting certified by Triad Yoga Institute in 2004.

Betsy Holder has had years of experience enjoying calligraphy as a hobby. She has taken classes with a professional calligrapher and enjoys sharing her talents with others.

Jayne Owen Parker, Ph.D. is Director of Conservation Education at N.C. Zoological Society.

Sandra Redding a Greensboro writer and editor, writes a column for the *News and Record*. A former writing instructor at GTCC, she has authored three books, including a memoir.

Dr. William "Bill" Rogers is retired President of Guilford College.

Ann Saab has been a member of the UNCG Department of History since 1965, now teaches Middle Eastern History for the MALS program.

Carolyn Schuetz is a seasoned storyteller with 12 years experience telling tales to audiences of all ages. She is a member of the NC Storytelling Guild, the Healing Story Alliance, and the National Storytelling Network.

Tim Spradling is retired Franchise Owner and now volunteers with ShepNet and SCORE. He has been researching his family tree, and helping others off and on for 40+ years in the State Archives and on the Internet.

Mike Stoller is Professor Emeritus of Economics at the State University of New York at Plattsburgh. He also worked as a forensic economist and expert witness.

Dennis Toman, JD,CELA is the founder and owner of the Elderlaw Firm in Greensboro. He is a graduate of the University of Wisconsin-Madison (BBS in Accounting, 1981) and the UNC-Chapel Hill Law School (JD, 1984).

Triad Financial Advisors is an independent fee-based financial planning firm with a 30 year history in Greensboro.

Barbara Walters a former math teacher and computer programmer has been knitting and crocheting for years. She is a ShepNet and SCG office volunteer and former member of SCG Board of Trustees.

Special Instructors:

Amal Khoury and Jeremy Rinker, Professors of Peace & Conflict Studies.

Jeffrey Ray and other Specialists from Lowe's Home Improvements on Battleground Avenue.